

Visit our website at www.radbroom.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

May/June 2013

Regular Events at the Community Centre

Monday

10.00 - 11.00 **Zumba** with Leah Watts 07792288996
1.30 - 3.15 **Flower Arranging** with Anne Lakelin 01743 357266
2.00 - 4.00 **Monday Club**. Maureen Bradley 01743 246013
3.45 - 5.45 **First Class Learning** Maggie English 01743 249974
4.15 - 6.10 **Topaz Junior Dance** with Joanne Hague 01743 272672
7.00 - 10 **Monday Bridge Club**

Tuesday

11.15 - 12.30 **Pilates** with Jan Bevan 07793462729
1.30 - 2.30 **Tai Chi** with James Lanyon 07950 344320
3.15 - 4.45 **Gentle Yoga** with Val Young 01743 872394
5.00 - 7.00 **Line Dancing** with Sally Ralph 01939 260954

Wednesday

7.00 - 8.15 **Yoga** Emma Gittins 07762143763
8.30 - 9.30 **Tai Chi** with Tony Lawrence 01743 718025

Thursday

10.00 - 11.45 **'First Steps'** Mother and Toddler Group
2.00 - 4.15 **Art Group** Contact 01743 364721
7.00 - 8.00 **Advanced Aerobics** with Jan Phillips 01743 245333
8.00 - 9.00 **Yoga** with Jan Phillips 01743 245333

Friday

9.30 - 11.45 **Yoga** with Jilly Shipway 01743 249489
3.30 - 5.30 **Topaz Junior Dance** with Joanne Hague 01743 272672

For bookings please contact the **Booking Secretary** Ms. Ja Wood by Phone: 07527617670 or Email: bookings@radbrook.org.uk
To check availability visit our website. www.radbroom.org.uk

Children's Parties are only £30 for 2.5 hours (including the use of the kitchen.) Extra time can be booked for £6 per half hour.

Private parties can be booked on Friday or Saturday nights. A bar is available on request.

Radbrook Community Association Annual General Meeting

Friday 21st June at 7.00 p.m.

This is a very short meeting followed by FREE refreshments. Please come along and support your local association.

This is our last Newsletter

After much consideration it has been decided that this will be our last newsletter. We started producing newsletters in 1998 when we were trying to raise funds for the Community Centre. They have been a great record of events and we have listed many of them below. Unfortunately, we have received very little editorial material, making it very difficult to keep producing something that is interesting for our readers. We are now able to advertise our events on our website :- www.radbroom.org.uk and in the very near future we will have a notice board in our car park, keeping you informed with what is going on. We would like to thank everyone who has supported us over the years by sending in items to include in the newsletter. We would particularly like to thank all our deliverers (and there must have been hundreds of them!). We hope that many of you will be able to attend our A.G.M on Friday 21st June when you will be able to see all the copies of the newsletter and a selection of photos. The meeting will be followed by refreshments.

Some of our headlines

October 1998 Our First Newsletter
January 1999 Luncheon Club Starts
April 1999 Swell Our Funds Appeal Started.
June 1999 R.G.C.A. Gets Charity Status
November 1999 First CTK Service at Radbrook Primary School
November 1999 First Community Centre Plans unveiled
Oct/Nov/Dec 2000. Millennium Celebrations
September 2001 Our title changes to **Radbrook** Community Assoc.
June 2002 Garden Fete raises £600 in the rain!
October 2002 Café Connect Opens
February 2003 F.A.Cup comes to Radbrook Primary School
November 2004 New plans for the Community Centre were unveiled
December 2005 First CTK service at the Community Centre.
January 2006 Community Centre opened by the Mayor
March 2006 "First Steps" starts
March 2007 Art Classes start

HIRING THE MEETING ROOM

Since the Centre has been open the smaller room has been used for a variety of activities from a Children's Music Group to Pilates, from Flower Arranging to Committee Meetings for many local support groups. It only cost £6.00 per hour with the option of having the use of cups and kettles for making hot drinks for an extra £3.00 per session. Whether you are a group of people who want somewhere to meet for sharing a hobby or for discussions come and take a look or contact the Booking Secretary.



Congratulations to our quiz team who have won the County Village hall quiz league for the fifth time in six years. The team pictured above is Peter Wells, Marion Howarth, Peter Nottle and Mike James. The team also includes David Barrow, Sue Beighton and Joan Nottle.

March was a great month for fund raising at the Community Centre. **The Charity Fashion show** run by the Inner Wheel Club of Shrewsbury raised over £1,200 for "Shropshire Carers." **Three Men in a Bow Tie** raised £1,050 which allows Hannah Leishman to go ahead with "Healing Hands" project in Sarajevo in Bosnia.

The Ceilidh in aid of Cancer Research raised £130 and the **Charity Table Top Sale** run by the Shropshire Breathing Club raised just over £600. Well done to everyone.



Services at 10.30 am at the Community Centre unless otherwise stated. For details, please contact the Church on 362399.

Services – Spring and Easter at Christ the King

5 th May	Holy Communion
12 th May	Morning Worship
19 ^h May	Joint Service - Holy Trinity Meole
26 th May	Morning Worship
2 nd June	Holy Communion
9 th June	Morning Worship
16 th June	All Age Worship
23 rd June	Morning Worship
30 th June	Morning Worship

Other regular events

Weds. 2.00 – 3.30p.m. **Community Tea** 1st May, 5th. June

Thurs. 10.15 – 11.45a.m. **First Steps** (term time only) for pre-school children with a carer. **Refresh** – on 19th May. Food, games and family time.

Sun. 4.00 – 6.00p.m.

Café Connect.

Great food and a warm welcome in Radbrook Shopping Centre

Prayer for healing available for all who would value it at Café Connect. Call into the cafe for details.

THE PRIORY SCHOOL COMMUNITY COURSES

- Cup Cake Decorating** Saturday 8th June 10 - 2 pm Cost £18
- Reflexology Introduction Workshop** 8th May 7 – 9 pm £10
- Head Massage Workshop** 4th June 7 – 9 pm Cost £10
- Spiritual Healing Workshop** 15th May 7 – 9 pm Cost £10
- Relaxation & Meditation Workshop** 13th June 7 – 9 pm £10
- Nutrition Healthier Food Courses** 25th June – Tuesdays from 9 – 5 pm Cost £55
- Food Safety in Catering –Food Hygiene** 20th June – Thursdays from 9 – 5 pm Cost £55

For further details please call - 01743 284022 or 284000

Visit our website www.priory.shropshire.sch.uk Quick Links on the right of the home page - Community Courses- PayPal facilities now available.

W. Barnes Property Maintenance

We offer the following repairs and replacement services:

- * Windows & Doors * Gutter, fascia & soffits
- * Rubber roofing & felting * Kitchens & bathrooms
- * Solid wood / laminate & tiled floors
- * Painting & decorating * Paving and patios *
- Fencing & gates * Garden maintenance
- * Pure water window cleaning

For a free quotation call 07525 439232

Summer BBQ at Radbrook Primary School.

Friday, 5 July 6 – 9 pm in the school grounds: BBQ, disco, Tombola, raffle, cake stall plus many more side stalls and games for all the family.

Dog Fouling. We have received complaints from residents about dog owners who do not clear up after their dogs. Please try to make Radbrook a clean environment of which we can be proud.

MG LAWCARE (Mike Gale)
Garden Services/Tree Work/Landscaping
Tel: 367267 Or 07886 362584

Grass cutting, brush cutting, scarifying, lawn treatment, rotovating, turfing and weeding. All aspects of tree work, hedges, topiary, brushwork and shrubs. Removal and reduce, stump grinding, slabbing, fencing, landscaping. Removal of waste. Painting. Certified for the spraying of weedkillers. Certified for tree work. Fully insured.

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m.

6 th May	Bank Holiday no club
13 th May	Flowers in bloom
20 th	Humorous talking by Mrs Bradley Telford
27 th	Bank Holiday no Club
3 rd June	Boccia
10 th June	Experiences from an evacuee – Ann Gregory
17 th June	Afternoon Trip
24 th June	Flick and Gaynor
31 st June	Trip to Llandudno

For further details please contact Maureen on 246013

CAR BOOT SALE & SUMMER FETE

The Priory School, Longden Road, Shrewsbury SY3 9EE
SUNDAY 14th July from 1 – 4 pm
 Licensed Bar & BBQ, live music, grand draw and much more!
 (£6 per car, enquiries for boot 01743 284000
 Strictly no booters before 12 pm)

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Mike 07730 893507 mike@ablec.co.uk www.ablec.co.uk



The Natural Health Centre
 Shrewsbury
01743 248878
www.natural-health-centre.com
 4 The Professional Centre
 Radbrook Green
 SY3 6DU

- Established since 1990
- The widest range of natural therapies in Shropshire.
- Many therapies may be paid for using private medical insurance.
- Professional Expertise with fully qualified and insured therapists.
- Large free car park.
- Regular bus service from town centre (Nº 20).



There will be **Community Teas** at the Community Centre on Wednesdays 1st May and 5th June. 2.00 – 3.30 p.m. Open to all ages living in Radbrook. Come and enjoy a piece of cake, a drink and the chance to meet other people in your area.

Whist for Beginners Will be held on 23rd May, from 1.30 – 3.00 p.m. If you are interested in learning to play please contact Harold Bound on 352625.



Caring is our strength

We are a team of nurse led, friendly and dedicated care professionals based in Shrewsbury who can assist with personal care, help with housework, escort to appointments or just pop in for a chat. Call **01743 443076** to discuss your individual requirements.