Visit our website at www.radbrook.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

November and December 2012

Regular Events at the Community Centre

Monday

 10.00 - 11.00 a.m.
 Zumba with Leah Watts (07792288996)

 2 - 4 p.m. Monday Club. Maureen Bradley (246013)

 3.45 - 5.45p.m.
 First Class Learning Maggie English (249974)

 4.15 - 6.10 p.m.
 Topaz Children's Dance Class with Joanne

Hague (272672)

7 – 10 p.m. Monday Bridge Club

Tuesday

1.45 – 2.45 p.m.. **Tai Chi** with James Lanyon (07950 344320) 3.15 – 4.45 **Gentle Yoga** with Val Young (01743 – 872394) 5 – 7 pm **- Line Dancing** with Sally of Footloose (01939

Wednesday

5.45 – 7 p.m. - Yoga for Pregnancy Vicky Wood (860668)
7.15 – 8.15 Yoga for Mums Please phone to book times

8.30 - 9.30 pm - **Tai Chi** with Tony Lawrence (718025)

Thursday

10.00 - 11.45 a.m. 'First Steps' mother and toddler group

2 – 4.15 p.m. - **Art group** Contact (364721)

7 – 8.00 p.m. - Advanced Aerobics with Jan Phillips (245333)

8 – 9.00 p.m. - **Yoga** with Jan Phillips (245333)

Friday

9.30 - 11.45 a.m. **Yoga** with Jilly Shipway (249489)

3.30 – 5.30 p.m. Topaz Children's Dance Class with Joanne

Hague (272672)

For Bookings please contact Ms Ja Wood Booking Secretary Phone: 07527617670 Sunday 11.30 - 5.00 Monday to Friday 10.00 -6.00 Not available Saturday To check availability visit our website.

Email: <u>bookings@radbrook.org.uk</u>

Web site: http://www.radbrook.org.uk/index.html

Children's Parties are only £30 for 2.5 hours (including the use of the kitchen.) Extra time can be booked for £6 per half hour.

Private parties can be booked on Friday or Saturday nights.

A bar is available on request.

Elections at the Community Centre

Thursday 15th November 8.a.m – 10. p.m.
Police Crime Commissioner
There are three candidates
For further details Please go to:
Shropshire.gov.uk or choosemypcc.org.uk.
All classes using the main hall at the community centre on this day have been cancelled, except the art class which will take place in the meeting room. Pilates will take place as usual.

The next committee meeting of the **Radbrook Community Association** will take place on Thursday 15th November at the earlier time of 6.30 p.m. If you have any suggestions concerning activities at the Community Centre please let us know by telephoning 364721.

New Dance Classes

The Topaz Children's Dancing Classes will be starting some new sessions at the Community Centre from 12th November.

4.15 - 5.10 p.m 7 – 10 years 5.15 – 6.10 p.m 11 years upwards

They will continue their Friday sessions as usual. For further details please contact Joanne Hague on 272672



Art Group on Thursday.

At present there is a waiting list.

Café Connect Christmas Drinks!

Ollie and her staff would like to invite you to have mulled wine and mince Pies with them on Christmas Eve from 10-12 noon The Café will be closed over Christmas and New Year from Friday 21st December until Wednesday 2nd January. Thank you to all those who helped to celebrate the 10th Anniversary of C.T.K.

Parents and Friends of Radbrook Primary School

Christmas Fayre

Friday 7th December 5.30 – 8.00 p.m.

The Parents and Friends of Radbrook Primary School have recently donated £4,000 towards the new School Library Fund Raising Event for
Shropshire's Service for Younger People
with Dementia
Friday 7th December 2012 at 7.30pm
At the Radbrook Community Centre
An Evening with

The Yeoman Singers £5 a ticket

Light refreshments will be served Raffle

Contact Ann Johnson on 01743 255856

The Committee of the Radbrook Community Association will be putting up the Christmas Tree and decorations Saturday 1st December and they will be taken down on Wednesday 2nd January after the Community Tea

The Community Centre will be closed from 23^{rd} December until Wednesday 2^{nd} January.

Free Community Tea

Wednesday 7th November & Wednesday 5th December 2.00 – 3.30 p.m. Open to all ages living in Radbrook Come and enjoy a piece of cake,

a drink and the chance to meet other people in your area.

Whist for Beginners

The final session this year will be Thursday 22nd November at 7.30 p.m.

Starting in January these sessions will be held on the 4th Thursday of the month, from 1.30 – 3.00 p.m.

If you are interested in learning to play please contact Harold Bound on 352625.

The RCA bi-monthly Newsletter is distributed to 1,800 homes in Radbrook. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Wednesday 12th December.



Services at 10.30 am at the Community Centre unless otherwise stated. For details. please contact the Church on 362399.

Services – preparing for Advent and Christmas

4th Nov Holy Communion 11th Nov Morning Worship–'Re

11th Nov Morning Worship–'Remembrance' 18th Nov All Age Worship

18th Nov All Age Worship 25th Nov Morning Worship

2nd Dec Advent Service at HT Meole Brace

9th Dec Holy Communion
16th Dec Community Carol

16th DecCommunity Carol Service23rd DecMorning Worship25th DecChristmas celebration

30th Dec Joint Service at HT Meole Brace

Other regular events

Weds. 2.00 - 3.30p.m. Community Tea 7^{th} Nov / 5^{th} Dec Thurs. 10.15 - 11.45a.m. First Steps (term time only) for

pre-school children with a carer.

Sun. 4.00 – 6.00p.m. **Refresh** – Christingle Celebration on 9th Dec.

Café Connect. Look out for special Christmas events in the

Radbrook shopping centre.

Remember and Rejoice in Radbrook

As well as the usual Sunday morning services in the Radbrook Community Centre, The Church of Christ the King also welcome you to:

A Remembrance Day Service on Sunday 11th November, where we call to mind all those who have given their lives in the service of their country.

A "Peace at Christmas" day on Saturday 8th December when we promise to give your kids a fantastic fun day whilst you concentrate on the shopping or take a break.

And then there are all the Christmas celebrations themselves to look forward to, including a Christingle Service at 4.00 p.m. on Sunday 9th December and the Christmas Day celebrations at 10.30 on the 25^{th} .

For more information call 362399 or visit www. Trinitychurches.org. We look forward to seeing you The Church of Christ the King.

Mike Gale and his staff would like to wish all their customers a Merry Christmas and a Happy New Year



MG LAWNCARE Mike Gale Garden Services/Tree Work/Landscaping

Tel: 367267 or 07886 362584

Grass cutting, brush cutting, scarifying, lawn treatment, rotovating, turfing and weeding. All aspects of tree work, hedges, topiary, brushwork and shrubs. Removal and reduce, stump grinding, slabbing, fencing, landscaping. Removal of waste. Painting. Certified for the spraying of weedkillers. Certified for tree work. Fully insured.

Monday Club Programme

Meetings are held at the Community Centre every

Monday afternoon from 2 p.m.

5th November Bring and Buy 12th November Making Cards 19th November Trip to Nantwich

26th November RSPB

3rd December Christmas Flowers
10th December Christmas Lunch
17th December Carols and Mince Pies
The Club re-starts on 14th January with Bingo

For further detail please contact Maureen on 246013

The Radbrook Community

Association would like to thank all our newsletter deliverers and our regular readers a very Merry Christmas and a Happy New Year.



Quiz Team off to a winning start at Picklescott

Congratulations to our team of Marion Howarth, Peter Wells, Peter Nottle and Mike James. The next round will be at Stapleton on 9th November

People 2People is based at Radbrook Green unit 1 & is an independent not for profit social work practice providing adult social care support to older people & those with disabilities living in the Shrewsbury area. contact 01743 272053

A GOOD GROOM

Dog grooming salon by Rosemary Evans Tel:07769 205431 or 01743 368649 20, Roman Road, Shrewsbury SY3 9AT

Personalised pet grooming to breed standard/pet clips at a friendly, local purpose built salon.

Opening in November 2012

The Shropshire and Mid-Wales Pituitary Group A.G.M

At Radbrook Community Centre
On Saturday 15th December from 10.30 a.m. until 12.15 p.m.

Guest Speaker Mrs Jenny West, Chairman of The Pituitary Foundation, Bristol.

The meeting is open to everyone Raising awareness of Pituitary conditions in the Community is the main aim of the Shropshire & Mid-Wales Pituitary Group.

Tea, Coffee, biscuits and Christmas cake will be available.

Can't reach to cut your toenails? Corns? Hard Skin? Diabetic?

Sue Ashton-Green MPSPract Foot Health Practitioner Est. 1995

Home Visiting Appointments Tel: 07855 098 166

Or 0845 519 5415 (local rate)

Registered Member of The Alliance of Private Sector Practitioners CRB Checked

www.ashton-greenfootcare.co.uk