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RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

January/February 2012

This could be our last newsletter

There will be no delivery of the newsletter in March or April and probably beyond that. It has become increasingly difficult to find sufficient deliverers to cover the whole of Radbrook. We have made several appeals for help in the past with very little response. If several people respond after reading this newsletter we may be able to continue delivering, otherwise the next issue will be available from the Community Centre and Café Connect. If we are to continue, we need more information to go into the newsletter. If you do want to offer assistance in any way, please contact the editor on 01743 364721. If we feel we are unable to continue with the newsletter we would like to thank everyone who has contributed, particularly the many deliverers, some of whom have been doing it for over 11 years.

The Queen's Diamond Jubilee

Monday 4th / Tuesday 5th June 2011

The Community Centre has been made available on one of the above days free of charge to celebrate the event. The Primary School, the Church of CTK, the Inn on the Green and the Radbrook Community Association have already indicated that they would support the event. If there are any other organisations or individuals who have any great ideas of how to celebrate the event please let us know. We will then call a meeting of all the interested parties, probably in early March.

Art Group

Radbrook Community Centre
Thursdays 2 – 4.15 p.m.

All abilities welcome,
including beginners
A new block of 7 sessions will start
on Thursday 12th January

for information or
to book a place, please ring 364721

Whist for Beginners

Radbrook Community Centre
Thursdays 26th January
& Thursday 23rd February
7.30 – 9.00 p.m.

Free

If you are interested in
playing Whist please
contact Harold Bound on
352625.

Growing Old Disgracefully

2nd Wednesday of the Month
1.30 – 4.30

Starting 11th January
For women over 50
Making the most of Your Life
For more details Contact
Sue Philips 01743 – 341591

A Pre & Post Natal Support Group

Mondays 10.00 – 12.00
Starting 16th January

An Informal Support group for
Mums to Be and New Mums
Cost £2.00 with Refreshments
For more details contact Ja Wood on 07527617670
Monday to Friday 10.00 – 6.00
Sunday 11.30 – 5.00

Parents and Friends of Radbrook Primary School

The Christmas Fayre raised
£1,600 which will be spent in
the summer on a Circus and
an "Olympic Week"

Radbrook Community Association raise

£550 for charity. The Flower Arranging with Anne Lakelin (of Elizabeth Anne) and 'Shrewsbury Re-visited', a slide show and talk from David Trumper, attracted a full house at the Community Centre and raised £550 for the Lingen - Davies Relief Fund. Thank you to everyone to everyone who helped.

Line Dancing

At the Community Centre
Every Tuesday from 5 – 7 p.m.
With Sally Ralphs (AKA Footloose)
Cost £3
Come along and have a go.

Our Quiz team stay top
of the Village Hall Quiz
League after coming second
by one point at Picklescott in
their last match. The next
round will be at Cruckton on
13th January

Is your New Year's Resolution to get fit or
get into shape?
Home visits, bespoke fitness programs, nutritional
advice and the motivation you need...

5 Rhythms Dance

One Sunday a month
Starting 29th January 6.00 – 9.30 p.m.
Based on Gabrielle Roth's 5 Rhythms
A movement Mediation Practice
That awakens the dancer that lives in everyone
For more information contact
Andrea Proffitt on 07813976942

Community Tea

1st Wednesday of the Month
Starting 1st February 2.00 – 3.30
Open to all ages living in Radbrook
Come and enjoy a piece of cake, a drink
and the chance to meet other people in
your area. All for Free

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The RCA bi-monthly Newsletter will be available at the Community Centre and Café Connect. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Tuesday 14th February 2012

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact the Church Office on 362399.

1 st January	No service at the Community Centre. Joint Service at Holy Trinity Meole Brace
8 th January	Morning Worship Refresh 4.00 p.m.
15 th January	All Age Worship
22 nd January	Morning Worship
29 th January	Morning Worship
5 th February	Holy Communion
12 th February	Morning Worship
19 th February	All Age Worship
26 th February	Morning Worship

Tuesdays 7.45 – 9.00 p.m.

Open Youth Club for years 7 to 11 (secondary age)

Wednesday 1st February Community Tea. 2.00 p.m. to 3.30 p.m. Meet friends old and new and have a chat.

Thursdays Term-time only - 10.15 – 11.45 a.m. First Steps for pre-school children with a carer.

8th January at 4 p.m. Refresh – A fun family event, plus refreshments. Free for all the family.

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Mike and Dianne Gale of MG Lawncare

**would like to thank
all their customers
and wish them all good
fortune in 2012**

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m.

16 th January	Musical Quiz
23 rd January	History of the Monday club
30 th January	Bingo
6 th February	Who do you think you are?
13 th February	Valentine's day quiz
20 th February	Boccia
27 th February	Outing to Battlefield for a cookery demonstration

For further details of meetings, please contact the Organiser, Margaret Austin on 363662

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Inn on the Green (Tel 01743 588385)

Bingo 1st Tuesday of the month at 8.00 p.m.
Quiz night last Thursday of the month at 9.00 p.m.

Regular Events at the Community Centre

Monday

2 – 4 p.m. - **Monday Club.** Margaret Austin (363662).
3.45 - 5.45p.m. **First Class Learning** Maggie English (249974)
7 – 10 p.m. **Monday Bridge Club**

Tuesday

10 – 10.45 **Pilates with Jan Bevan (07793462729)**
1.45 – 2.45 p.m. **Tai Chi** with James Lanyon (07950 344320)
3.30 – 4.30 **Age U.K Yoga** (233123)
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).
7.45 – 9.00 pm - **Open Youth Club** (362339)*

Wednesday

5.45 – 7 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)
7.15 – 8.15 **Yoga for Mums** Please phone to book times
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025)

Thursday

10.00 – 11.45 a.m. **'First Steps'** mother and toddler group
2 – 4.15 p.m. - **Art group** Contact (364721)
6 – 6.45 p.m. - **Beginners Aerobics** with Jan Phillips (245333)
7 – 7.45 p.m. - **Advanced Aerobics** with Jan Phillips (245333)
7.45 – 8.30 p.m. - **Yoga** with Jan Phillips (245333)
8.45 – 11.00 p.m. **Salsa Dancing** – Jimmy (07773375325)

Friday

9.30 – 11.45 a.m. **Yoga** with Jilly Shipway (249489)
3.30 – 5.30 p.m. **Topaz Children's Dance Class** with Joanne Hague (272672) *

For Bookings please contact Ms Ja Wood Booking Secretary
Phone: 07527617670 Sunday 11.30 - 5.00 Monday to Friday 10.00 - 6.00
Not available Saturday To check availability visit our website.

Email: bookings@radbrook.org.uk

Web site: <http://www.radbrook.org.uk/index.html>

Children's Parties are only £30 for 2.5 hours (including the use of the kitchen.) Extra time can be booked for £6 per half hour.
Private parties can be booked on Friday or Saturday nights.
A bar is available on request.