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# RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

January/February 2011

## Regular Events at the Community Centre

- Monday: Morning - Post-Natal Yoga** Vicky Wood (860668)  
Please phone to book a place  
2 – 4 p.m. - **Monday Club**. Margaret Austin (363662).  
3.45 5.45 First Class Learning Maggie English (249974)  
7 – 10 p.m. Monday Bridge Club
- Tuesday:** 10 am – 12 noon – **Ballroom and Latin Dancing** (not beginners)  
2 – 3 p.m. – **Tai Chi** with James Lanyon (07950 344320).  
3.30 – 4.30 Age Concern Yoga (233123)  
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).  
7.45 – 9.00 pm - **Open Youth Club** (362339)
- Wed:** 6 – 8 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)  
Please phone to book times  
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025)
- Thursday:** 10.00 – 11.45 a.m. - **'First Steps'** mother and toddler group  
2 – 4.15 p.m. - **Art group** Contact (364721)  
6 – 6.45 p.m. - **Beginners Aerobics** with Jan Phillips (245333)  
7 – 7.45 p.m. - **Advanced Aerobics** with Jan Phillips (245333)  
7.45 – 8.30 p.m. - **Yoga** with Jan Phillips (245333)  
8.45 – 11.00 p.m. **Salsa Dancing** – Jimmy (07773375325)
- Friday:** 9.30 – 11.45 a.m. - **Yoga** with Jilly Shipway (249489)  
2 – 3 p.m. Extend Exercise classes (342160)  
3.30 – 5.30 p.m. - **Topaz Children's Dance Class** with Joanne Hague (272672)

Telephone number for Community Centre bookings **07527 617670**  
Please do not phone on Sundays

The next committee meeting of the Radbrook Community Association will be on Thursday 20<sup>th</sup> January at 7.15 p.m. If you have matters you would like us to consider please let us know.

## Art Group

Radbrook Community Centre  
Thursday afternoons 2 – 4.15  
Sessions restart on January 6<sup>th</sup>  
Tutor every week  
For further information please ring 364721

## Whist for Beginners

Radbrook Community Centre  
Thursday 27<sup>th</sup> January 2011  
Thursday 24<sup>th</sup> February 2011  
7.30 – 9.00 p.m.  
**Free**  
If you are interested in playing Whist please contact Harold Bound on 352625.

## First Class Learning

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Mondays 3.45-5.45 pm  
For a free consultation contact:

**Maggie English Specialist Teacher and qualified dyslexia assessor**

01743 249974  
Email [shrewsbury@firstclasslearning.co.uk](mailto:shrewsbury@firstclasslearning.co.uk)

## Boccia Evening – Friday 21<sup>st</sup> January

At the Community Centre  
7.30 – 9.00 p.m.  
This game is very similar to Boules (played in France.) There are eight soft balls and one Jack, with the aim being to get your ball nearest to the jack. The evening is free and can be enjoyed by people of all ages.

## Booking Secretary

Thank you very much to Margaret Burge who has been our booking secretary for the last five years. She has done an excellent job, ensuring that the Community Centre has been well used and that everything has run smoothly. Our new booking secretary is Mrs Ja Wood who can be contacted on 07527 617670

## Parents and Friends of Radbrook Primary School

The Christmas Fayre held in December raised about £1,080. The Committee would like to thank everyone who helped and made donations.

**Quiz Team** Since our last newsletter our quiz team has taken part in two further rounds of the competition with a win at Little Wenlock and second place at Stapleton. The next round is at Marton on January 14<sup>th</sup>.

The **Radbrook Community Association** has recently purchased a Grit Bin. Just in time!! **The front door lock** of the Community Centre has been changed and new keys distributed to the key holders. Groups using the Community Centre now have the option of locking the front door from the inside in order to improve security.

**Carer available**  
15 years experience  
NVQ level 2  
References  
Proof of CRB  
Telephone 01743 340070

Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email [newsletter@radbrook.org.uk](mailto:newsletter@radbrook.org.uk) or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Monday 14<sup>th</sup> February 2011

## Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact Laurence Wickens on 367707

2 <sup>nd</sup> January	Holy Communion
9 <sup>th</sup> January	Morning Worship Refresh 4.00 p.m.
16 <sup>th</sup> January	Morning Worship
23 <sup>rd</sup> January	All Age Worship
30 <sup>th</sup> January	Morning Worship
6 <sup>th</sup> February	Holy Communion
13 <sup>th</sup> February	Morning Worship Refresh 4.00 p.m.
20 <sup>th</sup> February	All Age Worship
27 <sup>th</sup> February	Morning Worship

**Tuesdays 7.45 – 9.00 p.m. Open Youth Club 11 -16**

All welcome

**Wednesday 5<sup>th</sup> January & 2<sup>nd</sup> February**

**Community Tea.** 2.15 p.m. to 3.45 p.m. Meet friends old and new and have a chat.

**Thursdays Term-time only - 10.15 – 11.45 a.m. First Steps** for pre-school children with a carer.

**9<sup>th</sup> January & 13<sup>th</sup> February** at 4 p.m. **Refresh** – A fun family event, plus refreshments. Free for all the family.

## Parkour Club (street running)

At Meole Brace School Science College

Thursdays 4.10 – 5.10 p.m.

For further details contact Paul Dodd  
or Louise Parsons on 235264

## THE PRIORY SCHOOL COMMUNITY COURSES

January - July 2011

**Internet & Email 4 Beginners** 2 February 5 weeks

7 – 9 pm **OR** 8 June 5 wks Cost £30

**Spanish 4 Beginners** 1 March 5 weeks 7 – 9 pm  
Cost £30

**Spanish Beginners Plus** 28 June 4 weeks 7 – 9 pm  
Cost £27

**Creative Sketching** Saturday 12 March 10 – 4 pm  
Cost £20 (some materials provided)

**How to Decorate a Cake Wedding Theme**

16 March 3 weeks 7 – 9 pm Cost £20  
(materials not included)

**Jewellery Making Course** 2 March 6 weeks 7 – 9 pm  
£45 (all materials included in cost)

**Photoshop 4 Beginners** 1 March for 4 weeks 7 -9 pm  
£27

**Photoshop Beginners Plus** 7<sup>th</sup> June 4 weeks 7 – 9  
pm £27

**Meditation & Visualisation Workshop** 27 January 7 –  
9 pm £10

**Indian Head Massage Course** 7 June 4 sessions 7 –  
9 pm £27

**Food Hygiene Courses** 17<sup>th</sup> February  
**or** 7<sup>th</sup> April **OR** 9<sup>th</sup> June 9 – 5 pm £55

The Priory School Business & Enterprise College  
Longden Road, Shrewsbury SY3 9EE For further  
details please call - 01743 284022 or 284000

## Monday Club Programme

Meetings are held at the Community Centre every  
Monday afternoon from 2 p.m

10 <sup>th</sup> January	Quiz
17 <sup>th</sup> January	Visiting Speaker - Joan Pinnington
24 <sup>th</sup> January	Beetle Drive
31 <sup>st</sup> January	Bingo
7 <sup>th</sup> February	Quiz
14 <sup>th</sup> February	Boccia (Indoor Bowls)
21 <sup>st</sup> February	Games afternoon
28 <sup>th</sup> February	Bingo

For further details of meetings, please contact the  
organiser,

Margaret Austin on 363662



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## A7 Electrical

Contact Adam Bowen

Tel: 01743 719091

Mobile 07929 584159

Email: [adam@a7electrical.co.uk](mailto:adam@a7electrical.co.uk)

Website [www.a7electrical.co.uk](http://www.a7electrical.co.uk)

Condover, Shrewsbury, Shropshire

## MG LAWNCARE

Mike Gale

### Garden Services/Tree Work/Landscaping

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treatment, rotovating, turfing and weeding. All aspects  
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