

Visit our website at www.radbroom.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

September/October

Regular Events at the Community Centre

- Monday:** **Morning - Post-Natal Yoga** Vicky Wood (860668)
Please phone to book a place
2 – 4 p.m. - **Monday Club**. Margaret Austin (363662).
- Tuesday:** 10 am – 12 noon – **Ballroom and Latin Dancing** (not beginners)
2 – 3 pm – **Tai Chi** with James Lanyon (07950 344320).
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).
7.45 – 9.15 pm - **Open Youth Club** (362339)
- Wed:** 6 – 8 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)
Please phone to book times
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025) - Hall
- Thursday:** 10.00 – 11.45 am '**First Steps**' mother and toddler group
2 – 4.00 p.m. - **Art group** Contact 07527 617670
6 – 6.45 pm - **Beginners Aerobics** with Jan Phillips (245333)
7 – 7.45 pm - **Advanced Aerobics** with Jan Phillips (245333)
7.45 – 8.30 pm - **Yoga** with Jan Phillips (245333)
8.45 – 11.00 p.m. **Salsa Dancing** – Jimmy (07773375325)
- Friday:** 9.30 – 11.45 am - **Yoga** with Jilly Shipway (249489)
3.30 – 5.30 pm - **Topaz Children's Dance Class** with Joanne Hague (272672)

Telephone number for Community Centre bookings **07527 617670**
Please do not phone on Sundays

The next committee meeting of the Radbrook Community Association will be on Thursday 16th September at 7.30p.m.. If you have matters you would like us to consider please let us know.

Art Group

Radbrook Community Centre on
Thursday afternoons 2 – 4.15 p.m.
New 8 week course starts on 2nd September
Tutor every week
To book a place please ring 07527 617670

Whist for Beginners

Radbrook Community Centre
Thursday 23rd September
Thursday 28th October
7.30 – 9.00 p.m.

Free

If you are interested in playing Whist please contact Harold Bound on 352625.

Bird Watching -Watch the birds gorging themselves on the early autumn fruits: blackberries, elderflower berries etc., so agile. By the end of October all the summer migrants, like swallows and house martins will have returned to warmer climates. There was evidence of breeding of fifteen different species around the estate this year. The young coots on the pond were as feisty as ever in competing with carp and mallards for bread thrown by children. On a warm autumn day take the opportunity to thoroughly clean your bird feeder/table/bath. As autumn progresses the number of birds will increase, enjoy them all.



Copthorne Townswomen's Guild
Coffee Morning
At Radbrook Community Centre
Wednesday 29th September
10.15 – 11.45 a.m.
in aid of "Help the Heroes" and
the Haematology Unit at RSH
Tombola, Cakes, Mystery Parcels,
Bottle Stall. Entry 50p to include
coffee/tea and biscuits

Inn on the Green re-opens

Brian and Diane welcome you to the newly refurbished Inn on the Green. Please come along and see for yourself. There is a snack menu available and beer is **only £2.10 per pint.**

There is Sky Sports and ESPN.

Free pool on Tuesday evenings from 6p.m.

Quiz night on Thursday 2nd September (8p.m. start) and hopefully on the first Thursday of every month, with your support.

There is a function room available (free for private parties).

For further details contact Brian or Diane on 01743 588385

Autumn Fayre

Proceeds to Shropshire Sharks
At Radbrook Community Centre
Saturday 16th October 10.00 -12.00
Tombola, Bric-a-brac, books,
nearly new ,cakes and
refreshments.

For further details and offers of help please contact Maureen Bradley on 246013

Radbrook Fellowship Group

(Radbrook Forum)
Wed 22nd September
Wed. 27th October
At Radbrook Community Centre 11.30 a.m.
For further details please contact Rose or Keith
On 01743 245387

Parents and Friends of Radbrook Primary School

Raised £ 4,800 at their Summer Fair and BBQ in July. Mandy Garner (chairperson) would like to thank everyone for their help and generosity. Peter Rickard (headmaster) said "all funds go directly to enrich the learning of the pupils and everyone had a fantastic time doing it.

Yoga Day

Saturday 16th October
Community Centre 2– 5 p.m.
For further details or to book a place contact Barbara Lyndley
Tel:- 07906 336246

Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Friday 15th October 2010

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact Laurence Wickens on 367707

5th Sept. Holy Communion
12th Sept. Morning Worship
19th Sept. No service in the Community Centre. Joint Service at Holy Trinity, Meole Brace 10.45 a.m.

26th September Morning Worship
3rd October Holy Communion
10th October Morning Worship
17th October All Age Worship
24th October Morning Worship
31st October Morning Worship

Tuesdays 7.45 – 9.15 p.m. **Open Youth Club** 11 -16
All welcome Term time only

Wednesday 1st September and 6th October

Community Tea. 2.15 p.m. to 3.30 p.m. Meet friends old and new and have a chat.

Thursdays Term-time only - 10.15 – 11.45 a.m. **First Steps** for pre-school children with a carer.

12th September and 10th October at 4 p.m. **Refresh** – A fun family event, plus refreshments. Free for all the family.

Harvest Supper – Friday 1st October 6.30 – 9.00 p.m. Tickets available from Lawrence Wickens.

MG LAWCARE

Garden & House Maintenance, Radbrook Green
Tel: 367267 or 07886 362584

Grass cutting, brush cutting, scarifying, lawn treatment, rotovating, turfing and weeding. All aspects of tree work, hedges, topiary, brushwork and shrubs. Removal and reduce, stump grinding, slabbing, fencing, landscaping. Removal of waste. Painting. Certified for the spraying of weedkillers. Certified for tree work. Fully insured.

The Lea Cross Tavern

Lea Cross, Shrewsbury, SY5 8HR
Open for food

Tuesday to Saturday 12.00 – 4.00 p.m. & 6.00 – 9.00 p.m.

Sunday Lunch 12.00 – 4.00 p.m. Open Bank Holidays

Lunchtime special (excluding Sundays)

2 courses with tea or coffee - £6.45

Sunday lunch

1 course £7.95, 2 courses £9.95, 3 courses £12.95

Home-made food, Real Ales, Conservatory, Large beer Garden

Free Wi-Fi available, Buffets and parties welcome

Call Phil or Ruth Tel 01743 861173

Girlguiding Shropshire

will be celebrating the end of our Centenary Year at the Telford International Centre followed by a finale in the Telford town park arena. The doors will open at 5.30 p.m. for a specially commissioned musical production followed by a procession to the Telford Town Park arena for us to re-affirm our Guide promise at 20:10 20/10 2010 at the same time as 550,000 members nationally. The event will conclude with a fireworks display. Admission is £5 including a light tea. Tickets can be obtained from Catherine Roberts, 4 Wyebourne Rd, SY3 6AQ, before 1st October. Cheques payable to 'Guide Association Shropshire' please.

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m.

6th Sept. Quiz

13th Sept. Outing to Chester. Visitors welcome £8 (contact Rita Davies on 246976)

20th Sept. Visiting Speaker – Talking Newspapers

27th Sept. Bingo

4th Oct. Visiting Speaker - Bill Harris Senior Citizens Forum

11th Oct. Harvest Festival with Reverend Lawrence Wickens

18th Oct. Outing to be arranged

25th Oct. Bingo

For further details of meetings, please contact the organiser, Margaret Austin on 363662

THE PRIORY SCHOOL COMMUNITY COURSES

September – December 2010

Gardening Design Workshop Saturday 25 September 1.30 – 4.30 p.m. Cost £15

Spanish 4 Beginners 14 September 5 weeks 7 – 9 pm Cost £28

Spanish Beginners Plus 2 November 4 weeks 7 – 9 pm Cost £25

Internet & Email 4 Beginners 29 September 4 weeks 7 – 9 **OR** 3 November 4 weeks 7 – 9 Cost £25

Creative Sketching 6 October 3 weeks 7 – 9 Cost £20

Decorate a Birthday Cake Saturday 16 October from 10 - 2 p.m. Cost £18

Back, Neck & Shoulder Massage

3 November 4 weeks from 7 – 9 Cost £25

Meditation & Relaxation 6 October 4 weeks 7 – 9 cost £25

Food Hygiene Courses 23 September **OR** 21 October **OR** 25 November

The Priory School Business & Enterprise College Longden Road, Shrewsbury SY3 9EE For further details please call - 01743 284022 or 284000

Scrapbooking and Paper-crafting

Sessions at Radbrook Community Centre on the 1st Saturday of each month 9.30 – 4.30 p.m. Half day option available, Some Fridays are also available

Papercrafts and cardmaking

Sessions 11.15 a.m. – 1.00 p.m. every other Monday at the Trinity Centre, Meole Brace.

All levels welcome. For further information please ring Caroline on 01691 662560 or visit www.scrapz.co.uk

The National Blood Transfusion Service

will be at the Community Centre on Wednesday 13th October
Please telephone 08457 711711 for further details and to book an appointment

Holistic Massage Therapist

At Radbrook Green Surgery

Treatments available:

Aromatherapy, Reflexology Body Massage, Indian Head Massage

Treatments (including consultation and a 20 minute treatment)

From £10

Reflexology treatments require a telephone consultation prior to the appointment. Please call Jan to arrange

Please book an appointment by contacting the surgery on (01743 231817) or Jan on 0781 460 2942

www.jjmobilemassage.co.uk