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RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

May/June 2010

The next committee meeting of the Radbrook Community Association will be Thursday 20th May 2010 at 7.30 p.m.

Regular Events at the Community Centre

- Monday:** **Morning - Post-Natal Yoga** Vicky Wood (860668)
Please phone to book a place
2 – 4 p.m. - **Monday Club**. Margaret Austin (363662).
- Tuesday:** 10 am – 12 noon – **Ballroom and Latin Dancing** (not beginners)
2 – 3 pm – **Tai Chi** with James Lanyon (07950 344320).
3.30 – 4.30 p.m. Age Concern Yoga Heather Williams 233123 Ex 224
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).
7.45 – 9.15 pm - Open Youth Club (362339)
- Wed:** 6 – 8 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)
Please phone to book times
7.30 – 8.30 **Tai Chi** with Tony Lawrence (718025) Meeting Room
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025) - Hall
- Thursday:** 10.00 – 11.45 am **'First Steps'** mother and toddler group
2 – 4.15 p.m. - **Art group** Contact 07527 617670
6 – 6.45 pm - **Beginners Aerobics** with Jan Phillips (245333)
7 – 7.45 pm - **Advanced Aerobics** with Jan Phillips (245333)
7.45 – 8.30 pm - **Yoga** with Jan Phillips (245333)
8.45 – 11.00 p.m. Salsa Dancing – Jimmy (07773375325)
- Friday:** 9.30 – 11.45 am - **Yoga** with Jilly Shipway (249489)
9.30 – 12 noon **Singing for Fun** Hanna Lawrence (01952 592309)
2 – 3 pm - **Extend Exercise Classes** for older people and those with limited mobility.
3.30 – 5.30 pm - **Topaz Children's Dance Class** with Joanne Hague (272672)
Telephone number for Community Centre bookings **07527 617670**

Radbrook Community Association
A.G.M.

Thursday 10th June

At 7.00 p.m.

This is a very short meeting followed by FREE refreshments. Please come along and support your local association

Christian Aid Week

9th – 15th May

All Café Connect's profits for the week will go to Christian Aid

Whist for Beginners

Radbrook Community Centre

Thursday 27th May

Thursday 24th June

7.30 – 9.00 p.m.

Free

If you are interested in playing Whist please contact Harold Bound on 352625.

Bird Watching - Look out for house martins as they build their mud nests against house walls, and scimitar winged swifts. If you are lucky you may hear a cuckoo, now rare around Radbrook. Birds are now hatching in gardens. If you find a young one on the ground, don't be tempted to pick it up, leave it for the parents. Around the ponds look out for mallard, coot and moorhen young, incredibly swimming and feeding within hours of hatching. For a memorable experience get up at dawn in mid-May, walk around the estate listening to the dawn chorus at it's peak.



After three very successful years as our Designated Premises Officer (D.P.S.), Stewart Arrowsmith, pictured here with his wife Jean, has had to give up the post due to ill health. We would like to thank them, and wish them both all the best for the future.

Congratulations to our quiz team on winning the Village Halls Quiz League for the second time. They last won the trophy in 2008. In the rounds leading up to the final they had a lead of seven points. They won the final by five points to become comfortable winners. The trophy is on display at the Community Centre.

The winning team:- Peter Nottle, Peter Wells, Ian Pritchard, and Marion Howarth. Also in the team was Mike James. Over fifty teams took part in the league



Parliamentary Election

Thursday 6th May 7.00 a.m. – 10.00 p.m.

In the meeting room

At Radbrook Community Centre

Please see over-leaf for a full list of candidates

Ceilidh

At Radbrook Community Centre

In aid of Severn Hospice

Bring your own drinks

For further details contact

Garry Kirlaw 07816756899

Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Monday 14th June 2010

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated.
For further details please contact Laurence Wickens on 367707

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| 2 nd May | Holy Communion |
| 9 th May | Morning Worship |
| 16 th May | Joint Service at Holy Trinity, Meole Brace 10.45 |
| 23 rd May | Morning Worship |
| 30 th May | Morning Worship |
| 6 th June | Holy Communion |
| 13 th June | Morning Worship |
| 20 th June | All Age Worship |
| 27 th June | Morning Worship |

Tuesdays 7.45 – 9.15 p.m. **Open Youth Club** 11 -16 All welcome

Wednesday 5th May- Community Tea. 2.15 p.m. to 3.30 p.m. Meet friends old and new and have a chat.

Thursdays Term-time only - 10.15 – 11.45 a.m. **First Steps** for pre-school children with a carer.

9th May and 13th June at 4 p.m. **Refresh** – A fun family event, plus refreshments. Free for all the family

Parents and Friends of Radbrook Primary School

At the recent A.G.M. new officers were elected. They are:-

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|-------------|----------------|
| Chairperson | Mandy Garner |
| Secretary | Julie Rowlands |
| Treasurer | Adele Cleo |

Summer Fair and BBQ

Friday 2nd July 6 – 9 p.m.
In the School Grounds

Bar – Disco – Cake stall – Tombola – Lucky Jars
Plus many other side stalls and games for all the family



Local animal man, Simon Airey visited the school at the end of April. He is seen here with a Monitor Lizard while the headteacher Peter Rickard got tangled up with a snake!



Parliamentary Candidates

| | |
|-------------------|-------------------------|
| James Gollins | Impact Party |
| Daniel Kawczynski | Conservative |
| Peter Lewis | U.K. Independence Party |
| John Tandy | Labour |
| Charles West | Liberal Democrats |
| Alan Whittaker | Green Party |
| James Whittall | British National Party |

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m

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| 3 rd May | Bank Holiday – no club |
| 10 th May | Trip to Llandudno (visitors £12) please phone Rita Davies (246976) to book a place |
| 17 th May | Beetle Drive |
| 24 th May | Quiz |
| 31 st May | Bank Holiday. – no club |
| 7 th June | Bingo |
| 14 th June | Members Hobbies |
| 21 st June | Trip to Much Wenlock and Church Stretton. Visitors £7. please phone Rita Davies (246976) to book a place |
| 28 th June | Quiz |

* For further details please contact the organiser, Margaret Austin on 363662

THE PRIORY SCHOOL COMMUNITY COURSES

Spanish 4 Beginners (this course will cover basic Spanish for holidays or visiting relatives)

Commences 22 June for 4 weeks from 7 – 9 pm (Tuesdays) Cost £25

Computers the Next Step (this course will cover spreadsheets & digital photography)

Commences 19 May for 4 weeks from 7 – 9 p.m. (Wednesdays) Cost £25

Award in Food Safety in Catering –Food Hygiene

(covering preparing, cooking, holding and serving food safely, micro-organisms, contamination, personal standards) Certified Course by RSPH Thursday from 9 – 5 pm cost £50 Course dates 1 July

Decorate Cakes 4 Easter & Summer/Birthdays

(learn how to decorate a Summer/Birthday cake and learn how to make hand crafted sprays and finish with piping) Saturday 12th June from 10 – 2 pm Cost £18

(students are asked to supply their own materials on both the above courses)

Indian Head Massage Course (learn about Indian Head

Massage covering simple massage techniques for the back, arms, neck, scalp and face) Attendance certificate awarded

Commences 8 June for 4 weeks from 7 – 9 p.m. (Tuesdays) Cost £25

Meditation/Visualisation & Angel Cards Workshop

(learn how to relax the body & mind, breathing techniques and angel cards)

20 May from 7 - 9 p.m. Cost £10

The Priory School Longden Road, Shrewsbury SY3 9EE

For further details please call - 01743 284022 or 284000

The Coffee Morning held in March in aid of a tag rugby club for young people with disabilities to enable them to go to a tournament in Swansea raised £300. The organiser, Maureen Bradley, would like to thank everybody for their help and support.

Pictures in Harmony

With Ian and Hilary Templeton
At Radbrook Community Centre
Friday 14th May

Raffle and light refreshments
Tickets £5 (Proceeds to the Ark) from Café Connect
or from Margaret 356299