

Visit our website at www.radbroom.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

July/August 2010

Regular Events at the Community Centre

- Monday:** **Morning - Post-Natal Yoga** Vicky Wood (860668)
Please phone to book a place
2 – 4 p.m. - **Monday Club**. Margaret Austin (363662).
- Tuesday:** 10 am – 12 noon – **Ballroom and Latin Dancing** (not beginners)
2 – 3 pm – **Tai Chi** with James Lanyon (07950 344320).
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).
7.45 – 9.15 pm - Open Youth Club (362339)
- Wed:** 6 – 8 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)
Please phone to book times
7.30 – 8.30 **Tai Chi** with Tony Lawrence (718025) Meeting Room
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025) - Hall
- Thursday:** 10.00 – 11.45 am '**First Steps**' mother and toddler group
2 – 4.00 p.m. - **Art group** Contact 07527 617670
6 – 6.45 pm - **Beginners Aerobics** with Jan Phillips (245333)
7 – 7.45 pm - **Advanced Aerobics** with Jan Phillips (245333)
7.45 – 8.30 pm - **Yoga** with Jan Phillips (245333)
8.45 – 11.00 p.m. Salsa Dancing – Jimmy (07773375325)
- Friday:** 9.30 – 11.45 am - **Yoga** with Jilly Shipway (249489)
9.45 – 11.45 am Singing for Fun Hanna Lawrence (*only July 2nd)
3.30 – 5.30 pm - **Topaz Children's Dance Class** with Joanne Hague (272672)

Telephone number for Community Centre bookings **07527 617670**
Please do not phone on Sundays

* Please note that some groups do not meet in August and some don't meet during school holiday

26 people attended the A.G.M.

We would like to thank Ian and Jo Pritchard and Carole Copplestone who have stood down from committee. We welcome three new committee members - Sheila Middle, Anne Lakelin and Rita Davies.

Carer available

15 years experience
N.V.Q. level 2
References
Proof of C.R.B.
Telephone 01743 340070

Whist for Beginners

Radbrook Community Centre
Thursday 22nd July
Thursday 26th August
7.30 – 9.00 p.m.

Free

If you are interested in playing Whist please contact Harold Bound on 352625.

Radbrook Primary School Community Governor vacancy.

If you would like to find out more information about this role please contact Mrs Breach at school on 01743 232895.

Bird Watching -The last migrants from Africa e.g. spotted flycatcher, arrived in May. The first to return there e.g. the cuckoo, depart in July. The amazing migration cycle is nearly complete. By mid-July most bird song has stopped. Watch out for young birds, parents delightfully feeding them. Birds' plumage changes as they moult (replace worn feathers). Look out for ducks, unable to fly for a while. On hot days look into the sky for many different birds, e.g. starlings, swallows and gulls swooping on swarming ants. Watch out for buzzards as they soar on the hot air thermals high over the estate, even red kites (forked tails) are possible.



Holistic Massage Therapist At Radbrook Green Surgery

Treatments available:
Aromatherapy, Reflexology
Body Massage, Indian Head Massage
Treatments (including consultation and a 20 minute treatment) From £10
Reflexology treatments require a telephone consultation prior to the appointment
Please call Jan to arrange
Please book an appointment by contacting the surgery
(01743 231817)
or Jan on 0781 460 2942
www.jjmobilemassage.co.uk

'Marie Curie Blooming Great Tea Party'

Saturday 10th July 10am – 12 noon
At Radbrook Community Centre

Come along to help raise money for Marie Curie Cancer Care
Local working mums will be holding a coffee morning to raise money for charity and highlight the work they do. On sale during the morning there will be Phoenix Cards, Usborne Books, Toys from 'Tish Tash Toys', real nappy advice and much more.
We will look forward to seeing you there

Parents and Friends of Radbrook Primary School

Summer Fair and BBQ

Friday 2nd July 6 – 9 p.m.
In the School Grounds

Bar – Disco – Cake stall –
Tombola – Lucky Jars
Plus many other side stalls and games for all the family

Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Monday 16th August 2010

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact Laurence Wickens on 367707

4 th July	Holy Communion
11 th July	Morning Worship
18 th July	All Age Worship
25 th July	Morning Worship
1 st August	Holy Communion
8 th August	Morning Worship
15 th August	All Age Worship
22 nd August	Morning Worship
29 th August	Morning Worship

Tuesdays 7.45 – 9.15 p.m. **Open Youth Club** 11 -16
All welcome Term time only

Wednesday 7th July and 4th August- Community Tea. 2.15 p.m. to 3.30 p.m. Meet friends old and new and have a chat.

Thursdays Term-time only - 10.15 – 11.45 a.m. First Steps for pre-school children with a carer.

11th July at 4 p.m. **Refresh** – A fun family event, plus refreshments. Free for all the family

MG LAWNCARE

Garden & House Maintenance, Radbrook Green
Tel: 367267 or 07886 362584

Grass cutting, brush cutting,, scarifying, Lawn treatment, Rotovating, turfing and Weeding. All aspects of tree work, hedges, topiary brushwork and shrubs. Removal and reduce, stump grinding, slabbing, fencing, landscaping. Removal of waste, Painting. Certified for the spraying of weedkillers. Certified for Tree work. Fully insured

Were you ever a Rainbow, Brownie, Guide, Ranger, Young Leader or Cadet?

Following the success of our Centenary launch party in September 2009 we should like to invite you to join us at Telford on Wednesday, 20th October 2010 for the final, most important, event of our Centenary year. Girlguiding Shropshire will be celebrating the end of our Centenary Year with at the Telford International Centre followed by a finale in the Telford town park arena. The doors will open at 5.30 p.m for a specially commissioned musical production followed by a procession to the Telford Town Park arena for us to re-affirm our Guide promise at 20:10 20/10 2010 at the same time as 550,000 members nationally. The event will conclude with a firework display. Admission is £5 including a light tea. Tickets can be obtained from Catherine Roberts, 4 Wyebourne Rd, SY3 6AQ, before 1st October. Cheques to 'Guide Association Shropshire'

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m

5 th July	Summer Bring and Buy
12 th July	Bingo
19 th July	Quiz
26 th July	Outing to Bewdley and Bridgnorth (visitors welcome for £5 – Phone Rita Davies On 246976)

For further details of meetings, please contact the organiser,
Margaret Austin on 363662

THE PRIORY SCHOOL COMMUNITY COURSES

September – December 2010

Gardening Design Workshop Saturday 25 September 1.30 – 4.30 p.m. Cost £15

Spanish 4 Beginners 14 September 5 weeks 7 – 9 pm Cost £28

Spanish Beginners Plus 2 November 4 weeks 7 – 9 pm Cost £25

Internet & Email 4 Beginners 29 September 4 weeks 7 – 9 **OR** 3 November 4 weeks 7 – 9 Cost £25

Creative Sketching 6 October 3 weeks 7 – 9 Cost £20

Decorate a Birthday Cake Saturday 16 October from 10 - 2 p.m. Cost £18

Back, Neck & Shoulder Massage

3 November 4 weeks from 7 – 9 Cost £25

Meditation & Relaxation 6 October 4 weeks 7 – 9 cost £25

Food Hygiene Courses 23 September **OR** 21 October **OR** 25 November

The Priory School Business & Enterprise College Longden Road,
Shrewsbury SY3 9EE For further details please call - 01743
284022 or 284000

Chris's Coach Trips 2010 –

All coaches are fully executive

Tuesday 10th August Llandudno
Adults £12 Children £10

Picking up in Radbrook Green, Meole Brace, The Abbey,
Monkmoor and Harlescott. For further details please contact
Chris on 01743 353817 or 07506 673323

PRIORY BOOT SALE & SUMMER FETE

The Priory School Longden Road, Shrewsbury SY3 9EE

Sunday 11th July 1 – 4 p.m.
Licensed Bar and BBQ, Live music, grand draw and
much more!

£6 per car, enquiries for boot 07967 985879
(Strictly no booters before noon.)