

Visit our website at www.radbroom.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

November/December 2009

The next committee meeting of the Radbrook Community Association will be Thursday 19th November at 7.30 p.m.

Regular Events at the Community Centre

- Monday:** **Morning - Post-Natal Yoga** Vicky Wood (860668)
Please phone to book a place
2 – 4 p.m. - **Monday Club.** Margaret Austin (363662).
- Tuesday:** 10 am – 12 noon - **Ballroom and Latin Dancing** (not beginners)
2 – 3 pm - **Tai Chi** with James Lanyon (07950 344320).
3.30 – 4.30 p.m. Age Concern Yoga
5 – 7 pm - **Line Dancing** with Sally of Footloose (01939 260954).
7.45 – 9.15 pm - Open Youth Club (362339)
- Wednesday:** 6 – 8 p.m. - **Yoga for Pregnancy** Vicky Wood (860668)
Please phone to book times
7.30 – 8.30 **Tai Chi** with Tony Lawrence (718025) MeetingRoom
8.30 – 9.30 pm - **Tai Chi** with Tony Lawrence (718025) - Hall
- Thursday:** 10.00 – 11.45 am **'First Steps'** mother and toddler group
2 – 4.00 p.m. - **Art group** Contact 07527 617670
6 – 6.45 pm - **Beginners Aerobics** with Jan Phillips (245333)
7 – 7.45 pm - **Advanced Aerobics** with Jan Phillips (245333)
7.45 – 8.30 pm - **Yoga** with Jan Phillips (245333)
8.45 – 11.00 p.m. Salsa Dancing – Jimmy (07773375325)
- Friday:** 9.30 – 11.45 am - **Yoga** with Jilly Shipway (249489)
10 – 12 noon **Singing for Fun** Hannah Lawrence (01952 592309)
2 – 3 pm - **Extend Exercise Classes** for older people and those with limited mobility.
3.30 – 5.30 pm - **Topaz Children's Dance Class** with Joanne Hague (272672)

Telephone number for Community Centre bookings **07527 617670**

Art Group

At Radbrook Community Centre
On

Thursday afternoons 2 – 4 p.m.

For further details please ring
07527 617670

Whist for Beginners

Radbrook Community Centre

Thursday 26th November
7.30 – 9.00 p.m.

Free

If you are interested in playing
whist please contact Harold
Bound on 352625.

The Inn on the Green

Quiz Night every Thursday night
at 9p.m. So far these evenings
have raised £78 for charity. Please
come along and support your
local pub and help raise money
for Charity. For further details
please contact Carolyn on 07968
538497

Ladies Netball

A group of Ladies play netball on
Wednesdays at Roman Road
Sports Centre (Meole Brace
School). They currently pay £3
per session on a pay and play
basis. The games are very
informal, good fun and help to
keep you fit. For further details
please ring Jo on 01743 270265
or just turn up.

Newsletter deliverers

There was a good response to our
appeal for help delivering the
newsletters. If anyone else wants to
help, please ring 01743 364721.

Christmas Shopping Event

at
Morris Residential's Radbrook House
on Monday 23rd November 6.30-9p.m.

There will be various stalls available with lots
of gift ideas for Christmas, including cards and
jewellery. For more information please contact
Morris Residential on 01743 340030

Radbrook Forum

At Radbrook Community Centre
from 10.30 a.m. until approx. 12 o'clock.

11th November Bee Keeping
25th November Tracing your Family Tree
9th Dec Christmas Special
For more information, contact
Rose or Keith on 01743 245387

Blood Transfusion Service

Give Blood on Boxing Day (26th December)
at the Community Centre
10.00 a.m. – 1.45 p.m.
For further detail phone 03001232323

Crossroads Christmas Fayre

Supporting Respite care for Carers
At Radbrook Community Centre
Saturday 14th November at 2p.m.
Father Christmas Cake Stall bric-a-brack
Raffle Tombola and much more
For further details and offers of help please
contact Sue Gregory on 01743 341717

BigT Tai Chi

**Beginner's class starting:
Wednesday 20th January 2010**
at

Radbrook Community Centre
7.30 - 8.30pm

Please ring Tony on (01743) 718025 to book
your place or for further details



Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Saturday 5th December

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated.
For further details please contact Laurence Wickins on 367707

1 st Nov	Holy Communion
8 th Nov	Remembrance Sunday
15 th Nov	All Age Worship
22 nd Nov	Morning Worship
29 th Nov	Advent Sunday – Joint Service at Holy Trinity, Meole Brace at 10.45 a.m.
6 th Dec	Holy Communion
13 th Dec	Carol Service
20 th Dec	All Age Worship
25 th Dec	Christmas Day Communion 9.30a.m.
27 th Dec	Morning Worship

Tuesdays 7.45 – 9.15 p.m. **Open Youth Club** 11 -16 All welcome

Wednesday 4th November and Wednesday 2nd December -
2.15 p.m. to 3.30 p.m. **Community Tea.** Meet friends old and new and
have a chat.

Thursdays Term-time only - 10.15 – 11.45 a.m. **First Steps**
for pre-school children with a carer. Please note there will be a special
Crib Service on Christmas Eve, 24th December at 10.15 a.m., a service
for all the family

8th November at 4 p.m. **Refresh** – Informal event for all the family
13th December at 4 p.m. **Christingle Service**

Matt Weeks Electrical

Radbrook Based

Commercial, Industrial and Domestic Work

Please Call 07855 778842

No job too Small

MG LAWCARE Garden & House Maintenance All work fully insured. Tel: 367267 or 07886 362584

Lawn mowing, fencing, slabbing, treework,
topiary, lawn treatment, scarifying, spiking,
turfing & weeding, landscaping, removal of
waste and much more.

Salsa Dancing

Thursday evenings at the Community Centre 8.45 – 100 p.m.
Freestyle – No partner necessary. For further details please
contact Damien 07726 312434 or Jimmy on 07773 375325

PRIORY SCHOOL COMMUNITY COURSES NOVEMBER- DECEMBER 2009

Creative Writing Course Saturday 14th November 10.30 – 4.30 p.m. £20
Indian Head Massage 18th November 4 weeks 7 – 9 p.m. £25
Art Sketching Course 19th November 3 weeks 7 – 9 p.m. £20
Food Safety in Catering Course 26th November 9 – 5 p.m. £50

All Courses are held at – The Priory School Business & Enterprise
College, Longden Road, Shrewsbury SY3 9EE
For further details please call - 01743 284022 or 284000
Or email sc@priory.shropshire.sch.uk or visit our website
www.priory.shropshire.sch.uk

Monday Club Programme

Meetings are held at the Community Centre every
Monday afternoon from 2 p.m.

2 nd Nov	Beetle Drive
9 th Nov	Anthony Crowe – Agnes Hunt Hospital
16 th Nov	Quiz
23 rd Nov	Christmas Bring and Buy
30 th Nov	Bingo
7 th Dec	Demonstration of Christmas Floral Arranging by Janet Percy
14 th Dec	Christmas Buffet and Carols

The Club will re-start on Monday 18th January
* For further details please contact the organiser,
Margaret Austin on 363662

RS Trading Co. Established 2003

BIRD/HEDGEHOG FEED Dried Mealworms

Prices start from £5 per litre with discounts available for
larger orders. Minimum order value £10 gets free
delivery in the Radbrook area. You supply the
container (e.g. ice cream tub) and I will fill them up.
Also available suet cakes £3 each (50p donation
to RSPB for each one sold) Half coconut shell filled
with suet 6 for £9. Get together with neighbors/friends
to get the best price for larger orders. Please ring
01743 235863 for further details. www.rs-trading.co.uk

Vets4Pets putting your pet first 

Sniffed out your ideal veterinary practice yet?

- Modern premises with full medical / surgical and dental facilities, including modern x ray and anaesthesia equipment
- In house laboratory
- Separate cat & dog wards
- Free on site parking
- Clear pricing
- Development Plans for puppies & kittens
- Vaccination4Life Plan



Call 01743 270 370

Bicton Heath Shopping Centre, Welshpool Road, Shrewsbury SY3 5AD
Open 8am-7pm Mon-Fri, 8am-12 noon Sat www.vets4pets.com

COMING SOON

Lifestyle Walking for Health Group in Radbrook

Courses for volunteer walk leaders will be taking place on
Friday, November 6, and a further course in December.
Anyone interested in becoming a walk leader should
contact Tracy or Jenny at Lifestyle Fitness on 01743
355779.

Quiz league – The Village Halls Quiz League has restarted and
this time around, Radbrook sent out the intrepid foursome of Peter
Wells, Peter Nottle, Mike James and Ian Pritchard in search of the
1st division title they lost last year. The first fixture of the season
took them to Cosy Hall, Newport. They made it worth the trip
though and came away victors by 6 points and 4 bottles of wine
better off!!! Thanks as always to the team members for turning out
and dusting off their brains once again for us!