Visit our website at www.radbrook.org.uk



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

March/April 2009

Vodaphone have appealed to the Secretary of State against the Council's rejection of their planning application to site a 10m mast near the entrance to the shopping centre. For further details please contact Mrs J. Salter at the Guildhall Tel:-01743 281378

Regular Events at the Community Centre

Monday: 9.45 - 10.45 Yoga for Pregnancy

11.00 - 12.30 Post-Natal Yoga Vicky Wood (860668)

2 – 4 p.m. **Monday Club**. Margaret Austin (363662).

Tuesday: 10 am – 12 noon Ballroom and Latin Dancing (not beginners)

2 – 3 pm **Tai Chi** with James Lanyon (07950 344320).

5 – 7 pm **Line dancing** with Sally of Footloose (01939 260954).

6.00 – 8.00 pm **Slimming World** Teresa Kelly (464390).

7.45 – 9.15 pm Open Youth Club (362339)

Wednesday: 6.15 – 7.45 Yoga for Pregnancy Vicky Wood (860668).

7.30 – 8.30 pm Tai Chi with Tony Lawrence (718025) - meeting room

8.30 – 9.30 pm **Tai Chi** with Tony Lawrence (718025) - hall

Thursday: 10.00 – 11.45 am 'First Steps' mother and toddler group

2 – 4.00 p.m. **Art group** Contact John Griffiths on (353740)

6 – 6.45 pm **Beginners Aerobics** with Jan Phillips (245333)

7.00 – 7.45 pm **Advanced Aerobics** with Jan Phillips (245333)

7.45 - 8.30 pm**Yoga** with Jan Phillips (245333)

Friday: 9.30 – 11.45 am **Yoga** with Jilly Shipway (249489)

2 – 3 pm **Extend Exercise Classes** for older people and those with limited mobility. 3.30 – 5.30 pm **Topaz Children's Dance Class** with Joanne Hague

(272672)

Telephone number for Community Centre bookings 07527 617670

Squirrel Alert!



RCA vice – chairman, John Griffiths got a bit of a shock when a squirrel came down his chimney. He caught the squirrel and put it outside. Fortunately for the squirrel John has an electric fire. Unfortunately for John the squirrel had managed to chew through the cables before he was evicted.

Tree to be planted.

The committee are proposing to plant a tree outside the Community Centre.

Radbrook Community Association Presents

Halfway House Male Voice Choir

Friday 13th March at 7.30 p.m. In aid of The Alzheimer Society Supporting people with dementia, their families and carers, locally

Tickets £3 available from Café Connect

New opening hours at local supermarket

The Mid-shires Co-operative at the Radbrook Shopping Centre is now open from 7.00 a.m. to 10.00 p.m. Monday to Saturday. Sunday opening hours remain the same at 10.00 a.m. to 4.00 p.m.

Radbrook Community Association

Three Men in a Bow Tie

Saturday 13th June In aid of The Shropshire & Mid-Wales Hospice

> Tickets available from Café Connect From 1st May Refreshments available

Inn on the Green (01743 343562)

Monthly Quiz First Thursday of every month Curry & a drink for £5 every Wednesday 6 - 8 p.m. Bus to Shrewsbury Town's Home games £3 return Departs 2.15 p.m. on Saturdays and 7.15 p.m. on weekdays

Around 1,800 copies of the RCA bi-monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Friday 17th April .

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact the Church Office on 362399

1st March Holy Communion

Refresh – An event for all the family 4 p.m. Morning Worship - Bishop Jonathan Gledhill

(Bishop of Litchfield)

15th March All Age Worship

8th March

Morning Worship - Mothering Sunday

22nd March 29th March 5th April Morning Worship Holy Communion

Refresh – An event for all the family 4 p.m.

10th April Good Friday Service 9 a.m. 12th April Easter Sunday Service 19th April 26th April All Age Worship Morning Worship

Tuesdays Term-time only 7.45 - 9.15 p.m. Open Youth Club 11 -16

First Wednesday in each month 2.00 p.m. to 3.30 p.m. Community Tea. Meet friends old and new and have a chat.

Thursdays Term-time only 10.15 - 11.45 a.m. First Steps for preschool children with a carer.



Halfway House Male Voice Choir visited the Monday Club in February with a few of its members and gave a very entertaining performance. They will be visiting the Community Centre again on 13th March with nearly thirty members of the Choir. Please read the advert on the front page for further details.

Newsletter Deliveries

We now have over 40 volunteers who deliver the newsletters to the residents of Radbrook. Over the ten years that we have been producing this free newsletter we have used over 100 deliverers some of whom have been with us since we started. We would like to thank all those people for their continued support. However, we always need new volunteers especially to cover when people are ill or on holiday. If you can help please let us know. Thank you to our latest new recruits Ray Powell and Ian Davies who have kindly offered to help with the delivery of newsletters.

MG LAWNCARE Garden & House Maintenance All work fully insured.

Tel: 367267 or 07886 362584

Mike Gale is the man who keeps the grounds at the Community Centre in such great condition. He is available for all types of work including Lawn mowing, fencing, slabbing, treework, topiary, lawn treatment, scarifying, spiking, turfing & weeding, landscaping, removal of waste and much more.

Monday Club Programme

Meetings are held at the Community Centre every Monday afternoon from 2 pm

2nd March Bingo 9th March Quiz

16th March Spring Bring and Buy

23rd March Speaker – Margaret Thrower 30th March Beetle Drive and Hot Cross Buns 6th April Speaker – Jon King The Life of Darwin

Easter Monday - no Club

Ouiz

13th April 20th April 27th April A.G.M. and "Guess Who"

*For further details please contact the Organiser, Margaret Austin, on 363662.

Radbrook Forum

Wednesday 11th March **Basket Making**

Demonstration & Talk

Wednesday 25th March Yellowstone Park Wednesday 8th April **Trading Standards**

Meetings are held in the Radbrook Community Centre from 10.45 a.m. until approx.12 o'clock. For more information, contact Rose or Keith on 01743 245387

QUIZ TEAM news – Unfortunately the quiz due to be held at the Community Centre had to be cancelled because of the snow. There are just two matches left. We wish the team the best of luck in their quest to retain the trophy they won last year.

News items needed – Please send them to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by Friday 17th April or email newsletter@radbrook.org.uk

Meole Brace Garden & Allotment Club

Monday 23rd March Different plants like different soils

Andrew Jenkinson

Monday 27th April Gardens of England and Wales

Peter Shepherd

Meetings are held in the Memorial Hall, Meole Brace at 7.30 p.m. Everyone is welcome. Cost £2 (including free refreshments) Raffle.

PaF (Parents and Friends of Radbrook Primary School) will be holding its AGM on Monday, 23 March in the school hall. PaF plays a vital role in the school community and all parents, as members of PaF, are invited to support the AGM to hear and see how the funds raised have been used for the benefit of the children at the school. The AGM is also an opportunity to elect the PaF Committee. This year we expect several positions to become available. If you'd like to join the Committee, please let PaF know in advance so that the meeting can be planned accordingly. Please contact: chair@radbrookparents.org.uk