



# RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

October 2008



**The Monday Club**, under the leadership of Margaret Austin, pictured here on one of her many trips. The club first met at the Inn on the Green in January 1999 when it was called the Luncheon Club.



Pictured above is the committee that did so much to help us get our Community Centre. Back row :- John Bidder, Richard Robinson , Harold Bound, Clive Devonish, Bill Morris, John Griffiths, Middle:- Ian Langstaff, Chris Burge, Jane Jones. Front :- Margaret Austin, Dorothy Griffiths, Debbie Richards, Jennie Richards and Janice Curtis.



One of our founder members, Clive Devonish with his wife Cindi.



**Café Connect**  
Opened in October 2002

The Radbrook Community Association has held several functions for the benefit of our Community and raised thousands of pounds for Charity.



Rev. Kevin Roberts presents Chris Burge with a cheque for £10,000 donation from the Diocese of Lichfield and Helen Little, with Judith Drury hands over a cheque for £960 raised by walking around the Isle of Wight.



**Café Connect** Organises a Community Tea Party at the Community Centre on the first Wednesday of the Month.



Flower Arranging with Anne Lakelin of Elizabeth Anne



T'Stult from Holland



Proms Night



CTK Open air Service in the Co-op Car Park in 2000.



Extend exercise Class



Magicians Paul, Joe and Geoff Ray (Rushworth)



The R.C.A. donates £270 to Christian Aid.



Party Time



Art Classes on Thursdays afternoons



Beginners Aerobics

## Regular Events at the Community Centre

### Monday:

11.15 – 12.15 **Post Natal Yoga** Vicky Wood (860668)  
2 – 4 p.m. **Monday Club.** Margaret Austin (363662).

### Tuesday

2 – 3 pm **Tai Chi** with James Lanyon (07950 344320).  
5 – 7 pm **Line dancing** with Sally of Footloose (01939 260954).  
6.00 – 8.00 pm **Slimming World** Teresa Kelly (464390).

**Wednesday:** 7 – 8 pm **Yoga for Pregnancy** Vicky Wood (860668).

8.30 – 9.30 pm **Tai Chi** with Tony Lawrence (718025).

**Thursday:** 10.15 – 11.45 am **'First Steps'** mother and toddler  
2 – 4.00 p.m. **Painting group** Contact John Griffiths on (353740) 6 –  
6.45 pm **Beginners Aerobics** with Jan Phillips (245333)

7.00 – 7.45 pm **Advanced Aerobics** with Jan Phillips (245333)

7.45 – 8.30 pm **Yoga** with Jan Phillips (245333)

**Friday:** 9.30 – 11.45 am **Yoga** with Jilly Shipway (249489)

2 – 3 pm **Extend Exercise Classes** for older people and those with  
limited mobility.

3.30 – 5.30 pm **Topaz Children's Dance Class** with Joanne Hague  
(272672)

**Telephone number** for Community Centre bookings **07527 617670**  
**Preferably on weekdays**



**Art Classes** on Thursday  
afternoons have proved to be  
a great success. Many thanks  
to John Griffiths for  
organising this class.

**Many thanks** to the  
Shrewsbury Light Orchestra  
who have twice performed a  
"Proms" night at the  
Community Centre.

**A Reading Group** meets every  
month to discuss the latest book  
and receive the next one. There  
is no membership fee and books  
are supplied FREE. For more  
details contact Debbie Richards  
on 247866.

**Newspaper deliverers** needed for the Radbrook area. Please  
contact Dave Carter, Tel. 351429 for further details.

## Forever Living - The Natural Healer

'We are an award winning natural health care company with an  
impeccable 30 year track record. If you are honest, ethical and  
hard working, like helping people and want to work flexible  
hours at your own pace we have a excellent home based  
opportunity. You can work this around your family and work  
commitments. To become part of our very successful team call  
Sally Trimble on 01952 728748 or mobile 07725847587. Call  
me and make today the day you turn your life around'.

## Oppose the mast again!

Vodafone have submitted a planning application to erect a  
10m high mast on the verge of Bank Farm Road between the  
new puffin crossing and the steps leading to the shoppers' car  
park. The closing date for objections is 2<sup>nd</sup> October. Please  
write to: Planning Department, Shrewsbury and Atcham  
Borough Council, The Guildhall, Frankwell Quay, SY3 8HQ,  
quoting reference number 08/1071/MAS.

## Church of Christ the King, Radbrook

All services at 10.30 a.m. at the Community Centre unless otherwise  
stated. For further details please contact the Church Office on 362399.

5<sup>th</sup> October Holy Communion

12<sup>th</sup> October Morning Worship

19<sup>th</sup> October All Age Worship

26<sup>th</sup> October Morning Worship

**Community Tea** Wednesday 1st October 2.00 to 3.30 p.m.

Meet friends and have a chat.

**Youth Club** Every Tuesday 7.45 – 9.15 p.m. for 11 – 16 year  
olds. All Welcome.

**First Steps** Mother and Toddler Group for Carers and children  
under 5 every Thursday morning 10.15 – 11.45 am

## Monday Club Programme for October

Meetings are held at the Community Centre  
every Monday afternoon from 2 p.m.

6<sup>th</sup> October Harvest Festival with  
Rev. Catherine McBride

13<sup>th</sup> October Quiz

20<sup>th</sup> October Albert Docks, Liverpool  
\*£7 to non-members

27<sup>th</sup> October Beetle Drive

For further details please contact the Organiser,  
Margaret Austin on 363662.

## Future events at the Community Centre

Have you got any ideas?

Are you prepared to help?

Please let us know via the  
Suggestion box at Café Connect

Priory School Parents Association

## Table Top Sale

Saturday 18<sup>th</sup> October 10 a.m. – Midday

Admission 50p Refreshments available

To book a table (£6.00)  
Call 01743 289536 or 07967985879

## Cute Tips

2 St Julians Friars  
Shrewsbury SY1 1XL  
01743 354 810

### October Special Offers...

Full Set of Acrylic Nails (French or Natural) **ONLY £17**

Spa Manicure and Spa Pedicure **ONLY £30**

Full Body Spray Tan **ONLY £15**

**A variety of manicures and pedicures are also available  
starting from just £12.50.**

**OAP and student discount available.  
BOOK NOW**

**Rev. Kevin Roberts** is leaving Holy Trinity Meole Brace  
to take up the post of Archdeacon of Carlisle. It is  
expected that his last service will be in early January.

Over 1700 copies of the RCA monthly Newsletter  
are distributed to homes in the Radbrook area by a  
team of volunteers. To place an advertisement in  
the next issue for only £15, email  
[newsletter@radbrook.org.uk](mailto:newsletter@radbrook.org.uk) by  
16<sup>th</sup> October if you have an item of news to share,  
we would love to hear from you. Please address  
correspondence to: Chris Burge, Chairman, 11 High  
Ridge Way, Shrewsbury  
SY3 6DJ or telephone 075276 17670