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RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

June 2008

**Radbrook Community Association
Cordially Invites you to the**

**Annual General Meeting
At the Community Centre
on Tuesday 10th June 2008 at 7.30 p.m.**

*Everyone is welcome
Free drinks and refreshments will be provided*

**Anyone interested in joining the Committee is
asked to contact our Chairman, Chris Burge on
07527617670**

Regular Events at the Community Centre

Monday 9.30am – 10.30am **Lifestyle Fitness** exercise classes for the over 40s (355779)

2pm - 4pm **The Monday Club**. Margaret Austin (363662)

Tuesday 10 a.m. – 12.00 **Topaz Ballroom**, Latin and Sequence Dancing lessons with Paul and Joanne Hague (272672)

2pm – 3pm **Tai Chi** with James Lanyon (07950 344320)

5pm – 7pm **Line dancing** with Sally of Footloose (01939 260954)

6.00 p.m. – 8.00 p.m **Slimming World** Teresa Kelly (464390)

Wednesday

7.00 – 8.00 **Yoga for Pregnancy** Vicky Wood (860668)

8.30pm - 9.30pm **Tai Chi** with Tony Lawrence (718025)

Thursday - 10.00am – 11.45 a.m. **'First Steps'** mother and toddler

2pm - 4.00 pm **Painting group** Contact John Griffiths on (353740)

6pm – 6.45pm **Beginners Aerobics** with Jan Phillips (245333)

7.00 – 7.45p.m. **Advanced Aerobics** with Jan Phillips (245333)

7.45pm - 8.30pm **Yoga** with Jan Phillips (245333)

Friday - 9.30 - 11.45 **Yoga** with Jilly Shipway (249489)

2 – 3 p.m. **Extend Exercise Classes** for older people and those with limited mobility.

3.30 – 5.30 pm **Topaz Children's Dance Class** with Joanne Hague (272672)

20 places left for the next Wise and Well event

Due to the popularity of the last course, the Community Council of Shropshire is staging another event at the Community Centre. ****Please see the advert on the back page for further details.****

Keep your dog on a lead

On 28 December 2007, SABC introduced a new order regarding keeping dogs on leads. It is now an offence not to have a dog on a lead at Radbrook Pool and Mousecroft Pool.

For further information please contact S.A.B.C. Tel. 281000

Priory School Business and Enterprise College

Longden Road

Summer Fair

Saturday July 12th 2 – 4pm

Lots of attractions including Archery, Coconut Shy, homemade cakes, wheel of fortune, refreshments and many other attractions

Blood Transfusion Service

Change of times for July & August

Due to the extremely high numbers of people donating blood at the last two sessions that were held at the Community Centre they over-ran their time causing a delay in the starting of the Tai Chi classes that take place on Wednesday evenings. In order to overcome this problem the National Blood Transfusion Service have brought the times of their sessions forward to 9.45 a.m. – 12.00 noon and 1.30 – 4.30 p.m. for their bookings on 30th July and 20th August. For further details please contact the National Blood Transfusion Service. Tel. 08457 771 771 or log on to www.blood.co.uk

Parents and Friends of Radbrook Primary School will be holding its **Summer BBQ** on Friday, 4 July from 6 - 9 p.m. With bouncy castles, children's disco, children's entertainer, tombola, face painting, balloon race, side stalls, BBQ and refreshments, this year's event is shaping up to be as fun packed as last year's, so be sure to pencil it in on your calendar as a special date for the entire family.

Admission: £2 for adults, £1 for children.

Photo removed.

Party with a difference.

Five year old Mae Blower examines a large frog, held by Simon Airey at her party in the Community Centre. Mae and her friends enjoyed holding spiders, scorpions and many more exotic animals. The children were much braver than the parents who ran a mile!

New leader at the Church of Christ the King (CTK)

Lawrence Wickens, a software developer from Cambridge, will be starting in September. He is married to Isobel and has four grown up children. He will be licensed on 6th September and his first service at CTK will be on 7th September. He will be working two and a half days a week plus Sundays. He will be living in Perivale Close.

Coffee Morning at 28, Torrin Drive on Saturday 14th June, 10 – 12 noon in aid of the Down's Syndrome Support Group. Any offers of cakes etc would be greatly appreciated. Please come along.

[Robert Porter](#)

Window Cleaning Services

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Gutter & Conservatory Cleaning
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Reliable Monthly Service

Tel: 01743 242592 - Mobile: 07971 264383
porterwindowclean@btinternet.com

Headmasters Hair Studio

Radbrook Green Co-op Shopping Mall

Headmasters would like to introduce **Kim**, our fully qualified junior stylist. We are offering a 20% discount on any hairdressing service with Kim.



Tel. 232080 for an appointment.

Church of Christ the King, Radbrook

All services at 10.30 am at Community Centre unless otherwise stated. For further details please contact the Church Office on 362399

1 st June	Holy Communion
8 th June	Morning Worship
15 th June	All Age Worship
22 nd June	Morning Worship
29 th June	Morning Worship

Fun and friendship every Thursday (Term time only) **First Steps** adult/carer under 5 year old age group. 10.15 – 11.45 a.m.

Wednesday 4th June Community Tea 2.00 p.m. to 3.30 p.m.

Get to know your neighbours.

Double issue next month for July and August. Please send us any information you can. We need your input.

Beginners aerobics classes on Thursday evenings are going very well. Our instructor, Jan Phillips is exceptionally good and is attracting lots of people, particularly from the local area. If you would like to go along, the cost is only £3 and starts at 6.00 p.m. and lasts for 45 minutes

* WISE and WELL *

**Free event for the over 60s
on 18th June**

Organised by the Community Council of Shropshire

Another exciting opportunity for those people who missed the April event, to come along to a FREE, Local Wise and Well Event at

**Radbrook Community Centre 9.30am – 1.30 pm
(includes a free lunch.)**

Spend an enjoyable time finding out important information which can help you to keep safe and well in your home.

There will be Talks from

West Mercia Constabulary - home and personal safety

Shropshire Fire and Rescue - fire safety

Pensions service- are you claiming the benefits you are entitled to?

Extend exercise - appropriate exercise for the over 60's

Plus lots more information

Come along and find out

To book your free place please phone 01743 342162

Free Lunch

Free Prize Draw

Radbrook Forum

June 11th Peter Shepherd – 5 Cities around the Baltic Sea
June 25th Bill Morris – Personal reflections of volunteering in retirement

July 9th Outing to R.A.F. Museum Cosford
July 23rd Leslie Oppitz – Musical Postcards & Border Ghosts & Folklore

Meetings are held in the Radbrook Community Centre from 10.45 – 12.15 p.m. The fee for the term is £17.50, payable by cheque or cash at the first meeting. For further information contact Rose or Keith on 01743 245387

Allergy Testing & Relief

WITH
Health Kinesiology

Also helpful for arthritic pain, chronic fatigue, digestive problems, hormonal problems, migraine, phobias, stress and poor self-esteem.



Susan Moor & Rebecca Alliker
The Natural Health Centre
Radbrook Green, Shrewsbury
Telephone Number for Appointments:
01743 248878

Skrapz (www.skrapz.co.uk) runs workshops and crops throughout Shropshire promoting **Scrapbooking** - the craft of creating decorative memory albums. Anyone is welcome to come and have a look at what we do, but to take part, booking is essential as space is limited. For further details please call Ann on 01743 248327 or Caroline on 01691 662560



Friday June 6th 2008 continuing for 6 weeks

7 pm – 9 pm - five week beginners course. Cost £40 which includes all course materials, room hire and refreshments.

Saturday 7th June 10am - 1pm Cost £15.00

Fathers Day Word Book Class includes wordbook template, papers and embellishments, hall fees and refreshments.



Monday Club June Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m.

Monday 2nd June

Quiz

Monday 9th June

Hilary and Ian Templeton – Pictures in Harmony

Monday 16th June

Summer Bring and Buy

Monday 23rd June

Beetle Drive

Monday 30th June

Outing to Llandudno £10 to non-members

For further details please contact the Organiser, Margaret Austin, on 363662.

PRIORY SCHOOL COMMUNITY COURSES SEPTEMBER - DECEMBER 2008

All Courses are held at - The Priory School a Business & Enterprise College Longden Road, Shrewsbury SY3 9EE

For further details please call - 01743 284022 or 284000

Or email sc@priory.shropshire.sch.uk or visit our website

www.priory.shropshire.sch.uk Business & Enterprise Link, Community Courses

Around 1,800 copies of the RCA monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, or if you have an item of news to share, please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by June 18th.