



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

July/August 2007

Community Centre News

Annual General Meeting of the RCA – The meeting was well attended and the Committee would like to express thanks to all those who were there. Former secretary, Debbie Richards, stood down from the committee and Olwen Abbott from Café Connect was elected. All other Committee members and Officers were re-elected en bloc.

The Community Centre has undergone several improvements during the year and a few more are envisaged for the coming year, including the possibility of providing bicycle stands. There was a considerable interest from the meeting regarding the provision of activities for young people. The Committee acknowledged the limitations in what we can provide ourselves, because of qualifications and CRB checks. On a positive note however, it was reported that the Community Centre has been used by many young people and that there have previously been discos and band practices organised, with a concert being arranged in the near future. At the end of the meeting, which lasted just 40 minutes, the committee served free drinks and nibbles. This gave everyone the chance to make new friends and discuss further some of the points that had arisen from the meeting.

Regular events at the Community Centre include **Monday** 9.15am – 10.45am Lifestyle Fitness exercise classes for the over 40s, 2pm - 4pm The Monday Club. **Tuesday** - 2pm – 3pm Tai Chi, 5pm – 7pm Line dancing with Sally of Footloose, 5.30pm - 8.30pm Slimming World. **Wednesday** - 9.15am - 10.30am Lifestyle Fitness exercise classes for the over 40s, 7pm - 8pm Yoga for Pregnancy, 7.30 – 8.30 p.m. Tai Chi (Qi Gung), 8.30pm - 9.30pm Tai Chi. **Thursday** - 9.30am – 12.00 'First Steps' mother and toddler group (but not during the School holidays, 2pm - 4.15pm Art group, 6pm – 7.45pm Aerobics, 7.45pm - 8.30pm Yoga, 8.45pm - 10.30pm Salsa. **Friday** - 9.30 - 11.45 Yoga, 2pm - 3pm Extend exercise classes, 4pm - 5pm Wado-Ryu Karate.

Children's Parties at the Community Centre from only £30. For further information and booking form telephone 364721

Lost Property If you have lost a watch, car keys, a grey jacket or anything else please let us know.



Internet Café To Open at Meole Brace School Science College

Sponsored by 'Awards for All' lottery funds, Meole Brace School Science College is delighted to announce the opening of their Internet Café on **Monday 9th July** from 6pm – 8pm.

This new service will be **free of charge** to Radbrook residents on Monday, Tuesday and Wednesday evenings for one hour, pre-booked sessions. There will be expert help on hand to give you assistance if you need it. Come along and enjoy the brand new facilities in a relaxed and informal atmosphere. Refreshments will be available.

To book your place contact Stephanie MaClennan (01743) 235264 (preferably during school hours) or email

stephanie.maclennan@meolebrace.shropshire.sch.uk



Radbrook quiz team presented with trophy

Following their success in winning Division 2 of the Village Halls Quiz League, RCA Committee vice-chairman John Griffiths presents the Village Halls Quiz League Div.2 shield to members of the Radbrook team. Pictured from left are Chris Burge, Ian Pritchard, John Griffiths, Peter Jenkins and Marion Haworth. Other team members not pictured were Peter Wells, David Barrow, Peter Nottle, Joan Nottle, Linda Jenkins and Andy Pritchard. The new quiz season begins in September and anyone interested in joining the team, please contact Ian on 233187. Many thanks to all who took part this year.

Inn on the Green

Bank Farm Road, Radbrook Tel – 01743 343562

Homecooked food served daily 12 – 3 p.m.

Mon. – Thurs. Any meal from specials board including a sweet £5.50

Sunday Lunch 12 – 3 p.m. (Bookings advisable)

Thursday 5th July – Charity Quiz night 9 p.m. start

Friday 6th July – Entertainment with Darren (solo artist) 9 p.m.



Give blood at the Community Centre

The Blood Transfusion Service has made several Bookings at the Community Centre. The first being on Wednesday 19th December, with a further 5 bookings in 2008 and another one in January 2009!

Fundraising Afternoon

Last Saturday, John, Jen and Pat hosted a fundraising afternoon and raised £300 to be shared between Ward 21 at the RSH and the Acorn Group. Visitors sat around chatting, enjoying tea and scones. Thanks to everyone who helped make the afternoon a success.



Ballroom & Latin American Dance Evening

**Saturday 21st of July from 7-10pm at
Radbrook Community Centre**

**** Tickets Cost £5 - (£2 for non-dancers) ****

Come along for a fun evening of dance!! Whether you're a dancer or not, it's a great social night out!!

Bring your own drinks and a plate of food for our shared buffet.

Contact 07792 471053 or 01743 243499 to reserve your ticket, or email dancaholic21@yahoo.co.uk

HEALTH NATURALLY

6 Classes in Complementary Medicine at Radbrook Community Centre.

September 2007 - March 2008

Thursday evenings between 7 and 9 p.m.

Cost: £3 per session (if booked) £4 on the door, £15 for all 6 sessions paid for in advance.

For further information and bookings please contact:
**THE NATURAL HEALTH CENTRE on
01743 248878**

Monday Club July Programme

Meetings are held at the Community Centre every Monday afternoon from 2 p.m.

July 2nd Visiting Speaker from DAART

July 9th Quiz

July 16th Outing to Llandudno

July 23rd Bingo

July 30th Summer Bring and Buy with Tea & Cakes

Monday club then breaks up until September 6th. For further details please contact the Organiser Margaret Austin on 363662.



Radbrook Primary School Summer BBQ

Friday 6th July 6.00 – 9.00 p.m.

Admission Adults £2 - Children £1

Bouncy Castle Children's Disco Entertainer
Face Painting Balloon Race Stalls & Refreshments

Church of Christ the King, Radbrook

July 1st Holy Communion

July 8th Morning Worship

July 15th All Age Worship

July 22nd Morning Worship

July 29th Morning Worship

All services at 10.30 am at Community Centre unless otherwise stated.

Janice and Richard Curtis hosted a coffee morning for friends & neighbours, in aid of Down's Syndrome Awareness week. They raised £234 for the local support group and a further £81 from the raffle, for the National Down's Syndrome Association. Janice & Richard would like to thank all those who made donations and those who came along. They wished to particularly thank local businesses Mike & Diane Gale of MG Gardening Services and Ivor Bywater of IG Bywater Butchers in Meole Brace for their kind donations - thank you.

The College Nursery

Radbrook Campus, Radbrook Road, Shrewsbury SY3 9BL



■ For children from 20 months - 5 years

■ OFSTED registered

■ Nursery Education Vouchers accepted

Opening hours:

Monday-Thursday, 8.30am-5.00pm. Friday 8.30am-4.30pm

(Session times: 8.30am-12.45pm & 12.45-5.00pm

Friday, 8.30am-12.45pm & 12.45-4.30pm)

**Call 01743 342669
for more details**



SHREWSBURY COLLEGE
OF ARTS & TECHNOLOGY

Dates for your Diary - Events at the Community Centre

Friday 12th October PROMS EVENING with Shrewsbury Light Orchestra

Friday 2nd November Flower Arranging with Anne Lakelin
And Slide Show and Talk from David Trumper

Easy Hands-Free Reading Book Holder the only gadget to work with paperback books

Only £4.99



Simple, easy to use, sold in packs of 2 to cover the most popular paperback sizes Only £4.99+p&p 91p (£5.50)
For a more pleasurable read!

To order simply send a cheque payable to (Gimble Ltd) to:
Gimble House, 90 Longden Coleham, Shrewsbury SY3 7DX UK or
Order online: www.handsfreereading.co.uk - 01743 289288

Around 1700 copies of the RCA monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15 or if you have an item of news to share please email newsletter@radbrook.org.uk or send items to 'Newsletter' C/O 11 High Ridge Way, Radbrook Green, Shrewsbury SY3 6DJ by **August 18.**