



# RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

February 2007

**New Secretary** - The Radbrook Community Association committee welcomes Viki Williams, who has kindly stepped in to fill the vacant post of secretary.

**Village Hall Quiz League** - Many thanks to team member, Ian Pritchard, for organizing the home fixture last month when 17 teams enjoyed a warm welcome and hospitality at the Community Centre. Although the team did not win that night, they are currently top of the second division and should gain promotion to the first division next season. At the final match of the season in March, both first and second division teams (approximately 50 teams) will meet at one venue.

**Classes in full swing** - **Line Dancing**, 5-7pm Tuesdays, **Children's dancing class** 4-5pm Wednesdays, **Salsa** 8.45 - 10.30pm Thursdays.

**Aerobics** 6-6.45pm (Beg) 7-7.45pm (Adv) **Yoga** 7.45 - 8.30pm. also Thursday

**Comedy and Magic Show is huge success** - Magicians Paul Ray, Joe Ray and Geoff Ray (pictured below) produced a wonderful evening of entertainment at the Community Centre. Committee member, Millie Ellis, prepares herself as Paul Ray puts a sword through her neck!



Now we need your ideas of what you would like to see at the Community Centre.

**Radbrook Primary School welcomes new Headteacher, Peter Rickard.** He has already visited the Community Centre and looks forward to developing even stronger links with the local community.



## OSTEOPOROSIS SCREENING is coming to Radbrook Green

One quick, safe and accurate scan will determine your bone density and level of risk. **Only £40**

**Monday 12<sup>th</sup> February 2007**

Pre-booking essential



**The Natural Health Centre**  
(between the doctors and the dentists!)  
**01743 248878**

### Scrapbook Crop at Radbrook Community Centre

Saturday 3<sup>rd</sup> March 1.30pm - 4.30pm

Come and join us for a fun and relaxing afternoon of album making and learn new techniques. Beginners welcome. Pre-booking essential. Cost £5

For further information, please contact Caroline Marriott on 01691 662560 or Ann Carter on 01743 248327

### Linda Maule FIHB/MICHT

Freelance Beauty Therapist

#### New Year Offers

½ price luxury manicures and pedicures - now only £10. Treatments include Facials, aromatherapy, reflexology, waxing, bridal make-up, pamper packages, eye treatments.

For appointments please telephone 01743 355776  
19 Steepside, Collegefields, Radbrook, Shrewsbury  
Home visits available

### Meole Brace School Science College

is currently in the process of applying for a grant from the Lottery fund to open an Internet Café in the school. This brand new facility will be open to members of the local community free of charge during the evenings.

To find out more about this exciting development please call Stephanie MacLennan 01743 235264 or email

[stephanie.maclennan@meolebrace.shropshire.sch.uk](mailto:stephanie.maclennan@meolebrace.shropshire.sch.uk)

#### New Courses 2007

Yoga, Computing, Gardening, Tai Chi, Card-Making,  
Indian Head Massage

For details, contact Stephanie MacLennan on above number

### Monday Club Programme - February 2007

- Feb 5 Quiz
- Feb 12 Social Afternoon
- Feb 19 Guest speaker, Heather Perkin
- Feb 26 Bingo

Meetings are held every Monday from 2pm at the Community Centre. For further information, contact organiser, Margaret Austin, on 01743 363662.

### Sheila's Care Agency

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Call: SHEILA

**Mob 07941 898473**

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## CHIROPODY

Debbie Ashley M.Inst.Ch.P Hpc reg CH21358  
Alison Ash M.Inst.Ch.P Hpc reg CH19202



**The Natural Health Centre  
Radbrook Green, Shrewsbury**

**For an appointment please phone 01743 248878**

## MYERS BRIGGS WORKSHOPS

This Workshop is one of the most popular ways to gain self-awareness as well as an understanding of other people. Myers Briggs has helped countless people gain a deeper insight into what makes themselves and others tick.

Interested? Come along to a 2-PART COURSE at  
**RADBROOK COMMUNITY CENTRE**

Part 1: Tuesday 6<sup>th</sup> March 7.30pm – 9.00pm  
Part 2: Tuesday 13<sup>th</sup> March 7.30pm – 9.00pm

Cost: £20 for both parts

Advance booking and payment essential

To book: Tel. Judith Drury 01743 272739 or e-mail  
[judith\\_drury@btinternet.com](mailto:judith_drury@btinternet.com)

Tel: Helen Little 01694 731354 or e-mail  
[helenlittle@btconnect.com](mailto:helenlittle@btconnect.com)

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**For full details, contact your local Authorised Distributer:**

Tim & Suzanne Masters

1 Aldwick Drive, Radbrook

Tel 01743 343041

Email [Utilitymasters@telecomplus.org.uk](mailto:Utilitymasters@telecomplus.org.uk)

[www.telecomplus.org.uk/utilitymasters](http://www.telecomplus.org.uk/utilitymasters)



## ELEMENTS

*Hair, Beauty & Therapy treatments*

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Late night Tuesday until 7.00pm

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Usually £16 - NOW £8  
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@ Radbrook College, Radbrook Road, Shrewsbury SY3 9BL  
Tel: 01743 362963

## Learn to

**meditate, breathe and relax  
the yoga way**

at the Radbrook Community Centre

Wednesday 11.30am to 12.45pm

Start date 21<sup>st</sup> February 2007

Cost: £30 for 6 weeks

All welcome to this new class

(The class will include 20 minutes of yoga warm-up exercises. The rest of the class will be devoted to meditation, breathing and relaxation.)

**Learn to manage stress and relax, the yoga way!**

E: [jillyshipway@hotmail.com](mailto:jillyshipway@hotmail.com) T: 01743 249489

## Church of Christ the King, Radbrook

Feb 4 Holy Communion

Feb 11 Morning Worship

Feb 18 All Age Worship

Feb 25 Morning Worship

All services at 10.30am at Community Centre unless otherwise stated. Call 367707 for further details.

Join members of the congregation for Afternoon Tea at the Community Centre on Wednesday 7<sup>th</sup> February 2pm to 4pm. Everyone welcome.

Over 1700 copies of the RCA monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, email [newsletter@radbrook.org.uk](mailto:newsletter@radbrook.org.uk) by 16<sup>th</sup> February 2007. If you have an item of news to share, we would love to hear from you. Please address correspondence to:

Chris Burge, Chairman, 11 High Ridge Way, Shrewsbury SY3 6DJ or telephone 01743 364721.