



RADBROOK COMMUNITY ASSOCIATION

Charity registration number 1075696

September 2006

Visit Our New Website Thanks to local resident, Paul Findon, the Radbrook Community Association has a great new website at www.radbrook.org.uk filled with facts about the Community Centre including details of regular group bookings and events as well as information regarding private hire and past and current Newsletters.

Village Hall Quiz League The committee is considering entering a team of four from Radbrook into the Village Hall Quiz League that competes on six Friday evenings during the year, seven if the team makes the final. Teams can be changed for each match and Radbrook will be required to host one of the matches. Anyone interested should contact the committee.

New Children's Dance Classes Commencing on Saturday 9th September from 10 – 11 a.m. and on Wednesdays from 4 – 5 p.m. The new Children's Dance Class with Sarah Rogers will run for 10 weeks at a cost of only £20. To book a place, please complete the Booking Form, available from Chris Burge and the Community Centre or phone Sarah on 07989098465. **Our regular dance classes** are running as usual – **Line Dancing** on Tuesdays 5-7 pm with Sally Ralph (Tel:- 01939260954), **Ballroom Dancing** on Wednesdays 6.30-7.30pm with Lauren Watkins (Tel:- 07709301965) and **Salsa** on Thursdays 8.45-10.30pm. with John Paul (Tel:- 360755) Each class costs £3 per person. All abilities are catered for and the tutors are excellent – come along and have a go!

Gardeners' Coffee Evening Enjoy an evening with fellow gardeners on Wednesday 13th September 7.45–9pm. **FREE EVENT**

Lifestyle Fitness Classes Monday mornings continue as usual and a new class will start on Wednesday mornings 9.30-10.30am. This will replace the previous Thursday afternoon slot. **Tai Chi** The Tuesday afternoon class from 2-3pm will be taken by James Lanyon and Tony Lawrence will instruct the Wednesday evening class from 8-9pm.

NATURAL HISTORY EVENING

Films by International Traveller

John Almond

'From Pole to Pole'

at Radbrook Community Centre

Friday 8th September 2006 7.30pm

Tickets £3 to include refreshments

Tickets available from the Appeals Office on

01743 492396 (or on the door)

In aid of The Lingen Davies Cancer Centre Appeal

Registered Charity No. 509649

Monday Club Visits Portmeirion



The Monday Club recently enjoyed a coach trip to the picturesque North Wales town of Portmeirion. Pictured left, taking a stroll in the sunshine are Margaret Austin and Elsa Shuttleworth.

Autumn Flower Arranging

at

Radbrook Community Centre

With Anne Lakelin

Commencing Monday 11th September

For further details contact

Elizabeth Anne, Florist

The Flower Studio

Fish Street

Shrewsbury

SY1 1UR

Tel: 01743 357266



Beginners welcome

Christmas Flower arranging to follow

Enrol now for Autumn Courses

Whether you want to learn a new language, develop your DIY skills, get to grips with your computer or gain a professional qualification, Shrewsbury College has the right course for you.

SHREWSBURY COLLEGE

Call 342333 to request a copy of the Part Time Courses Guide or for further information, advice and enrolments.

SHREWSBURY LIGHT ORCHESTRA PRESENTS

PROMS NIGHT

At Radbrook Community Centre

Saturday 7th October 7.30pm

Tickets £5 each available from Café Connect and members of the RCA Committee. (from 8th September)

Book early to avoid disappointment

Charity Raffle during interval

RADBROOK PRIMARY SCHOOL GOVERNING BODY

A vacancy has occurred on the Radbrook Primary School Body for a Community Governor. If anyone is interested in such a voluntary role and would like to discuss the matter further, please contact Stan Sedman, Chair of Governors, on 01743 359622 or email sedman@beeb.net

PRIORY SCHOOL BUSINESS & ENTERPRISE COLLEGE

Community Courses & Workshops

Belly Dancing commencing 6 Sept – Intermediate 7-8pm, Beginners 8-9pm £3 per session (Term Time only)
Foundation Nutrition Certificate commences 20 Sept 7-9pm for 5 weeks Cost £45
Get 2 Grips with that computer! Suitable for Beginners commences 20 Sept 6.30-8.30pm for 5 weeks Cost £28
Reflexology Introduction Course commences 21 Sept 7-9pm for 5 weeks Cost £25
Beauty & Fashion Workshop Saturday 23 Sept 9.30am-1pm Cost £15
Jewellery Making Course commences 27 Sept 7-9pm for 6 weeks Cost £35
Interested? Please call 01743 284022 or 284000 or email sc@priory.shropshire.sch.uk for further details.



Church of Christ the King, Radbrook

Sunday Services are held in the Community Centre at 10.30am. Everyone is welcome. Contact Captain Neville Willerton on 367707 for further details.

Members of the community are invited to Afternoon Tea on Wednesday 6th September between 2 and 4pm. Please come along and make some new friends. Transport can be arranged, contact above number for assistance.

Café Connect provides a fantastic service in our community but your help is needed! If you can volunteer just a little of your time it would be greatly appreciated. Contact Olwyn Abbott on 363355 if you can assist in any way.

Monday Club September Programme

Club meets every Monday at 2pm at the Community Centre.

Sept 4 Quiz

Sept 11 Speaker, Mr Booth, talking about Shrewsbury Flower Show (with film)

Sept 18 Bingo

Sept 25 Coach trip to Lord Moreton Nursery, Oswestry, Returning via Welshpool.*

*Seats available to non-members at £7 each. Contact organiser Margaret Austin on 363662 to book or for further information.

Aerobics with Jan Phillips

Every Thursday at the Community Centre

Beginners Class 6 – 6.45pm

Advanced class 7 – 7.45pm

Followed by Yoga 7.45 – 8.30pm

£3 per session.

Call 245333 for details.



The Natural Health Centre - Radbrook Green
invites you to

THE SHREWSBURY NATURAL HEALTH FAIR 2006

Saturday 14th October - 11am to 4pm

at RADBROOK COMMUNITY CENTRE

Talks, displays, demonstrations and sample treatments of many Complementary Therapies such as Acupressure, Acupuncture, Aromatherapy, Chiropody, Counselling, Cranial Osteopathy, Emotional Freedom Therapy, Health Kinesiology, Homeopathy, Hypnotherapy, Indian Head and Therapeutic Massage, McTimoney Chiropractic, Medical Herbalism, Nutrition, Reflexology, Reiki, and Shiatsu. Crystals, Herbal & Organic Products, Natural Cosmetics and The Real Nappy Company stalls!

Come along and enjoy your Health - Naturally!

The Natural Health Centre - 01743 248 878



PART TIME LAUNDRY ASSISTANT

- 18 hours per week over 3 days
- £5.35 plus enhancements
- Alternate weekends
- Friendly environment
- Strong team support
- Training given

For information, call Karen Bowen on (01743) 237800

**Radbrook Nursing Home, Stanhill Road,
Shrewsbury SY3 6AJ**

*We are an equal opportunities Employer
Police checks are required for this post.*

MORRIS
CARE

Over 1700 copies of the RCA monthly Newsletter are distributed to homes in the Radbrook area by a team of volunteers. To place an advertisement in the next issue for only £15, email chrisandmargaret@burge11.wanadoo.co.uk or debbiek.richards@virgin.net by 19th September 2006.

If you have an item of news to share, we would love to hear from you. Please address correspondence to:

Chris Burge, Chairman, 11 High Ridge Way, Shrewsbury SY3 6DJ or telephone 01743 364721.

Meole Brace School Science College Adult and Community Courses

Pilates Mon 11 Sept for 12 weeks 6.45 - 7.45pm £48

Yoga Mon 11 Sept for 12 weeks 8-9pm Cost £48

Flower Painting Mon 11 Sept for 4 weeks 7-9pm £30

Tai Chi Tues 12 Sept for 12 weeks 4.30 - 5.30pm £48

Cooking 4 Results Wed 13 Sept for 4 weeks 7-9pm

£40 (ingredients provided at nominal cost, payable on evening)

Life Clubs Thurs 14th Sept for 5 weeks (1st session free)

7-8.30pm £60

Gardening for Beginners Fri 15 Sept for 6 weeks

7-9pm £39

Create Your Own Christmas Cards Mon 2 Oct for 4

weeks 7-9pm £30

Cooking 4 Friends Wed 11 Oct for 4 weeks 7-9pm

£40 (ingredients provided at nominal cost, payable on evening)

For further information or to enrol on a course, please contact Stephanie Maclennan on 235264 after Tuesday 5th September.